

2025-2026 ANNUAL REPORT

Phoenix
Professional Development and Prevention Services

Phoenix
Support & Advocacy Service Incorporated

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Board Members and Staff

2025-2026

2025-2026 - Board Members	Board Position	Appointed
Julie Woodhouse	Chair	October 2014
Leanne Sultan	Deputy Chair and Secretary	October 2016
Amit Kabra	Treasurer	October 2018
Peter Le	Board Member	October 2019
Karen Hickling	Board Member	March 2026
Geoff Wolfenden	Board Member	March 2026
Gavin Bagley	Board Member	October 2019 to November 2025
Monica Taylor	Board Member	October 2019 to April 2025
Deenie Gumina	Board Member	April 2025 to March 2026

2025-2026 - Phoenix Staff	Staff Position (All Part-Time)	Appointed
Louise Lamont	Chief Executive Officer	February 2015
Jay Wright	Project Manager & Admin Assistant	September 2022
Kaye Doolan	Finance Officer	June 2016
Marc Spradbury	Accountant & Corporate Services	January 2019
Baljit Carroll	Senior Counsellor	August 2020
Michelle Blogna	Senior Counsellor	February 2026
Nicole Cutler	Senior Counsellor	January 2026
Susan Laird	Senior Counsellor	August 2023

More information about Phoenix Board Members and the Phoenix team is available at www.phoenix.asn.au

2025-2026 IN REVIEW

Professional Development, Prevention and Community Education

Phoenix's commitment to creating compassionate communities through prevention, professional development, and community education continued to grow throughout 2025-2026. Through a diverse suite of subsidised training programs, masterclasses, workshops, sector events and public awareness initiatives, Phoenix worked alongside professionals, practitioners, leaders and community members to strengthen understanding of child sexual abuse, sexual violence, family and domestic violence, trauma-informed practice and survivor-centred responses.



Since 2022 Phoenix has trained more than 2000 community services workers and allied professionals. During 2025-2026, Phoenix delivered 15 professional development and community education events attended by 344 participants. Programs were delivered in-person, online, and across metropolitan and regional Western Australia, supporting practitioners from community services, counselling, health, family support, government, and legal sectors.

Training topics included responding to adult survivors of child sexual abuse, intimate partner violence typologies, trauma awareness, burnout prevention, Safe & Together™ CORE training, victim-blaming and the pathologisation of sexual abuse.

A major focus for the year was strengthening workforce capability in responding to the intersection of child sexual abuse, sexual violence and family and domestic violence. Phoenix continued to deliver its highly regarded training program ***It's Time to Ask: Responding to Adult Sexual Violence and Child Sexual Abuse in Family and Domestic Violence Presentations***, facilitated by lived experience advocate and trainer **Tori Cooke**. Delivered in both online and in-person formats, the training challenged participants to recognise hidden presentations of abuse and provided practical strategies for safe enquiry and response. Participants rated the training highly, with an average recommendation score of 93.67 out of 100.



▲ Tori Cooke

Phoenix also launched and expanded its newly developed workshop ***Not All Intimate Partner Violence is the Same***, facilitated by Dawson Ruhl. The workshop assists practitioners to distinguish between different patterns of coercive and violent behaviour, identify levels of risk and make more informed intervention decisions. Participant evaluations highlighted the practical relevance of the material, particularly in relation to assessment, accountability and coercive control. Attendees rated the session 4.13 out of 5 overall and reported a strong intention to immediately apply the knowledge in their work.

Phoenix's partnership with the ***Safe & Together™*** Institute USA also continued throughout the year, with 4-day CORE Model training delivered in Perth and Geraldton. Forty-three practitioners completed the internationally recognised program designed to improve responses to children and families experiencing domestic violence. Evaluation data demonstrated substantial increases in participant knowledge and confidence following training, with average assessment scores increasing from 75% to 91% in Perth and from 67% to 88% in Geraldton.



▲ Jaimi Shrive & Dr Jessica Taylor

In November 2025, Phoenix welcomed the internationally recognised author and researcher **Dr Jessica Taylor** and colleague **Jaimi Shrive** to Perth to deliver the sold-out masterclass. ***"The Pathologisation of Sexual Abuse"***. The event attracted 54 attendees and explored the impact of victim-blaming, psychiatric labelling and systemic responses to sexual violence. More than 91% of participants indicated they would like to learn more about the topic and evaluations reflected strong increases in knowledge and confidence to challenge victim-blaming practices within organisations and systems.

In June 2026 Phoenix hosted ***"Talk About Taboo"***. This sold-out event brought together diverse community representatives committed to deepening understanding, and awareness, and strengthening responses to child sexual abuse. The afternoon featured a series of presentations from exceptional speakers.



Australian of the Year Grace Tame provided critical insights into grooming and offender tactics, Tanya Lee OAM shared her lived experience advocacy and work on incest through her No Laughing Matter Podcast, and Kayelene Kerr from eSafeKids explored the growing challenges of online child sexual abuse and exploitation. Events like Talk About Taboo are a vital part of building collective awareness and fostering safer communities. They create space for lived experience, professional insight, and shared commitment to prevention and response. We are deeply grateful to our exceptional speakers for their support, engagement, and courage. Together, we continue to challenge silence, reduce stigma, and strengthen responses to child sexual abuse.

WAPHA GP TRAINING

Phoenix's CEO has continued to deliver **training for General Practitioners** for the Family, Domestic, and Sexual Violence Primary Care Integration Pilot to medical practitioners and their staff in a range of GP practices in the southern suburbs of Perth. The training developed by Phoenix is for Understanding and Responding to adults who may disclose historic child sexual abuse in the medical context and the training content was reviewed and approved via the RACGP CPD Activity Needs Assessment.

FUTURE TRAINING



Phoenix trainer **Dawson Ruhl** has been developing a new program for **understanding and engaging men who use coercion and control** which will be launched and delivered in the second half of 2026. This workshop encourages practitioners and those responding to family and domestic violence to understand and see patterns rather than assume what is reported or responded to is an isolated incident.

Phoenix has been granted exclusive rights for Western Australia to all of Dr Jessica Taylor and Jaimi Shrive's **Victim Focus Training Materials and Resources** and the Phoenix Training Team commenced a Train the Trainer program with Jessica and Jaimi in July 2026 to equip the team to be able to deliver the various courses developed.

PHOENIX PARTNERSHIP WITH PARKERVILLE



Phoenix is excited to be partnering with **Parkerville Children and Youth Care** to host and deliver a sector Roundtable in December 2026. The event will feature presentations from national highly regarded researchers and advocates, as well as showcasing the work of Parkerville and Phoenix. The Beyond Silos Roundtable will focus on the intersection between family and domestic violence, sexual violence and child sexual abuse.



▲ Jay Wright

The continued growth of Phoenix's professional development program, supported by our Project Manager Jay Wright, reflects the organisation's commitment to prevention, community awareness, and improving responses for victim-survivors across Western Australia. These initiatives remain an important complement to our counselling and advocacy services and contribute to the development of more informed, compassionate, and trauma-responsive communities.

CHAIRPERSON & CHIEF EXECUTIVE OFFICER 2025-2026 REPORTS



Chairperson's Report

2025-2026



JULIE WOODHOUSE
CHAIRPERSON

A YEAR OF GROWTH, INFLUENCE, AND COMMUNITY ENGAGEMENT

It is my privilege to present the **Chairperson's Report for 2025-2026** and to reflect on another year of service, growth and commitment to the Phoenix community.

As Chair, I continue to be inspired by the courage of the survivors who access our services and by the dedication of the staff, Board members, supporters, and partners who help make Phoenix's work possible. Every year we are reminded that healing and recovery are not linear journeys. They require safety, compassion, understanding, and specialist support. These principles remain at the heart of everything Phoenix does.

Throughout 2025-2026, Phoenix continued to provide counselling, advocacy, education, and support to adult survivors of child sexual abuse while also contributing to broader conversations about trauma, recovery, and prevention. It has been encouraging to see increasing community interest in understanding the impacts of child sexual abuse and the importance of informed and compassionate responses to survivors. Initiatives such as ***The Taboo Times***, community events, and professional development activities have helped create opportunities for learning, discussion, and greater awareness.

The Board has also been pleased to see Phoenix continue its advocacy work through participation in advisory groups, consultations, and policy discussions. Ensuring survivor experiences inform future services and responses remains an important part of Phoenix's contribution to the community. While Phoenix is a relatively small organisation, the impact of its work extends well beyond the individuals who directly access our services.

One of the highlights of the year has been Phoenix's continued investment in workforce development and professional learning. The acquisition of the VictimFocus training suite reflects the organisation's commitment to evidence-informed and trauma-informed practice. This investment will strengthen opportunities for professional education and support Phoenix's ongoing efforts to improve understanding of child sexual abuse and victim-survivor experiences across the broader community.

Like many not-for-profit organisations, Phoenix continues to operate within an uncertain funding environment and with the tension of a demand for service at a level we cannot meet, which equates to long wait times for survivors in need of a timely response.

The Board remains focused on governance, financial oversight, and strategic planning to support the long-term sustainability of the organisation. We are grateful to our funding bodies, donors, and supporters whose contributions enable us to continue delivering essential services to survivors.

I would like to acknowledge the commitment of my fellow Board members, whose skills, experience and dedication continue to strengthen Phoenix. During the year, we welcomed Karen Hickling and Geoff Wolfenden to the Board and look forward to their contribution in the years ahead.

I also extend my sincere thanks to Louise Lamont and the entire Phoenix team. The professionalism, compassion, and commitment demonstrated by staff every day are extraordinary. The work undertaken by the team is often complex and emotionally demanding, yet they continue to provide high-quality, trauma-informed support to those who need it the most. Their dedication remains the foundation of Phoenix's success.

Most importantly, I wish to acknowledge the survivors who place their trust in Phoenix. Your courage, resilience, and determination continue to inspire our work and reinforce the importance of specialist services such as ours.

As we look to the year ahead, Phoenix remains committed to supporting survivors, advocating for improved responses to child sexual abuse, and contributing to **creating compassionate communities**. While challenges remain, I am confident that the strength of our staff, Board, supporters, and community partners will enable Phoenix to continue making a meaningful difference.

On behalf of the Board, thank you to everyone who has supported Phoenix during 2025-2026. Together, we will continue to ensure that survivors are heard, believed, respected, and supported.



Chief Executive Officer's Perspective

2025-2026



LOUISE LAMONT
CHIEF EXECUTIVE OFFICER

THE YEAR IN REVIEW

As I reflect on the 2025-2026 financial year, I am reminded once again of the incredible privilege it is to lead an organisation that continues to stand alongside adult survivors of child sexual abuse. Every year brings new challenges, but it also brings moments of hope, courage, advocacy, and connection that reinforce why this work matters.

Phoenix remains a relatively small organisation with a part-time team of eight, yet the impact of our work extends far beyond our size. During the reporting period, our team continued to provide specialist counselling, advocacy, community education, professional development, and sector leadership while navigating increasing demand for services and an uncertain funding environment. Despite these challenges, I continue to be inspired by the commitment of our staff, Board members, partners, supporters, and most importantly, the survivors who entrust us with their stories.

THE YEAR IN NUMBERS

- 375 clients supported
- 820 counselling occasions of service
- 4 editions of *The Taboo Times*
- 344 sector and allied professionals trained
- 60 attendees at the Talk About Taboo event
- 160+ attending the screening of Wreckage
- 56 additional survivors supported through a grant from the Attorney-General's Department

BREAKING THE TABOO



One of the most exciting developments during the year was the launch of ***The Taboo Times***, Phoenix's new quarterly publication dedicated to amplifying survivor voices, sharing research, highlighting advocacy issues and encouraging conversations about child sexual abuse and sexual violence.



The title itself reflects one of the greatest challenges facing our community. While there has been significant progress in public awareness of family and domestic violence, child sexual abuse remains a topic many people still find difficult to talk about openly. Too often secrecy, shame, victim-blaming and misinformation continue to prevent meaningful conversations and delay access to support and justice.

The response to ***The Taboo Times*** has been overwhelmingly positive. Across four editions, we shared survivor stories, advocacy initiatives, emerging research, sector developments and practical resources. The publication has become another important tool in challenging stigma and supporting the cultural change required to create safer and more compassionate communities. Thanks to our generous sponsor at the Fremantle Foundation for supporting this initiative.

WELCOMING DR JESSICA TAYLOR AS PHOENIX PATRON

A defining highlight of the year was welcoming internationally recognised author, researcher and advocate Dr Jessica Taylor as the Patron of Phoenix. The appointment was celebrated at our **Patron Launch and Meet & Greet event** attended by approximately 60 guests from across government, community services, academia and the broader community.

I first met Jessica several years ago through our shared interest in challenging victim-blaming and improving responses to survivors of sexual violence. Since then, I have watched her work influence practitioners, researchers, policymakers and victim-survivors across the globe. Her willingness to challenge harmful assumptions, promote evidence-informed practice and advocate fiercely for those whose voices are often ignored makes her a natural fit for Phoenix.

Jessica's visit to Perth also enabled Phoenix to host the sold-out masterclass ***The Pathologisation of Sexual Abuse***, delivered alongside Jaimi Shrive.

The masterclass explored the ways in which victim-survivors have historically been pathologised, blamed, and silenced, and challenged participants to consider how language, systems and practice can either support or further harm survivors. Evaluation feedback demonstrated the significant impact of the event on participants' understanding and practice.



Our collaboration with Jessica also extended into public education and digital advocacy. I had the privilege of interviewing Dr Jessica Taylor for her podcast about her new book, "Click, Stalk, Destroy: Inside the Minds of People Who Stalk Online". The conversation explored online stalking, harassment and the ways victim-survivors can be silenced after disclosure, helping bring these important issues to a wider international audience.

I have no doubt Jessica's ongoing role as Patron will strengthen Phoenix's advocacy work well into the future.

Meaningful change requires us to challenge victim-blaming wherever it exists and to ensure survivors are met with compassion, respect and belief.

Dr Jessica Taylor



TALK ABOUT TABOO

Another significant milestone was the delivery of Phoenix's inaugural ***Talk About Taboo*** event in June 2026.



▲ Tanya Lee, Louise Lamont, Grace Tame & Kayelene Kerr

This sold-out event brought 60 people together to hear from survivor advocates and experts including Grace Tame, Tanya Lee and Kayelene Kerr. For many attendees, the event created a rare and valuable opportunity to engage in honest conversations about child sexual abuse, offender tactics, online exploitation, disclosure and recovery.

The audience response was extraordinary. Participants rated the event 4.6 out of 5 overall and provided an average recommendation score of 98.27 out of 100. Eighty percent indicated they wanted to continue learning more about the issues discussed.

Among the many highlights of the day was hearing Grace share her unique combination of lived experience, advocacy and insight. Her ability to engage audiences while communicating difficult truths continues to inspire meaningful change. I remain grateful for the generosity of all our presenters who helped make this event such a success.

COMMUNITY ADVOCACY THROUGH THE SENATE & FILM



Building on the success of previous awareness events, Phoenix is delighted to support the screening of the WA-made film ***Wreckage*** which courageously and sensitively portrays a story about dynamics of domestic and sexual violence.

The event has attracted 163 ticket sales which is close to a sell-out, demonstrating a growing willingness within our community to engage with issues relating to child sexual abuse and trauma.

Special thanks must go to the event partners, sponsors and community supporters who are making the screening possible, including Amnesty UWA, Lindentech, a generous private donor and the many individuals who contribute their time, resources and energy. Events like these remind us that advocacy takes many forms and that community awareness remains one of the most powerful tools for creating change.

A panel presentation and Q&A session will follow the screening and panel members include Film Director and Writer Christopher Peters, Lead Actor Tiahna McBride and Producer/Cinematographer David Laurance along with content experts Tori Cooke and Dawson Ruhl.



▲ Jay Wright, Senator Payman & Louise Lamont

We were honoured to welcome Senator Fatima Payman to the Phoenix office on 29 November 2025. Her generous $5,000 donation is helping Phoenix reduce waiting times and subsidise counselling sessions for clients experiencing financial hardship. Earlier that month, Senator Payman also acknowledged Phoenix and the broader needs of adult survivors of child sexual abuse in the Australian Senate. Her visit, time and willingness to listen were greatly valued, and her support provided an important reminder of the difference that informed political leadership can make.

STRENGTHENING OUR IMPACT

Throughout 2025-2026, Phoenix continued to strengthen our service delivery and organisational capacity.

Additional grant funding through the federal government Attorney General's Department enabled the recruitment of two part-time specialist Senior Counsellors, significantly increasing our counselling capacity and helping reduce waitlists. During the first six months of operation, these positions supported 56 unique adult survivors and delivered 570 counselling occasions of service.

At the same time, Phoenix continued to deliver professional development opportunities for the sector. Across the year, 344 professionals participated in training events covering topics including child sexual abuse, sexual violence, family and domestic violence, trauma-informed practice, Safe & Together™, burnout prevention and victim-blaming.

Phoenix also partnered with the WA Primary Health Alliance to deliver targeted GP education. The training, I developed for ***"Recognising and Responding to Adult Survivors of Child Sexual Abuse"*** was delivered across three practices between July and September 2025. The sessions supported GPs and practice teams to strengthen their understanding of child sexual abuse, trauma-informed responses, and referral pathways for adult survivors. Working directly with general practice is especially important because GPs are often a first point of disclosure or help-seeking, and informed, compassionate responses can significantly influence whether survivors feel safe to seek further support.

Through our committee and advisory group roles, Phoenix also continued contributing to policy development at State and National levels. These engagements included my participation in the following:

- National Strategy to Prevent and Respond to Child Sexual Abuse Advisory Group,
- WA Sexual Violence Prevention and Response Strategy Reference Group,
- WA Sexual Violence Expert Advisory Group,
- WACOSS Children's Policy Advisory Council.

Phoenix also contributed directly to two significant parliamentary inquiries. In March 2026, we submitted to the NSW inquiry into the Crimes (Sentencing Procedure)

Amendment (Good Character at Sentencing) Bill 2026, supporting the removal of 'good character' as a mitigating factor and highlighting the harm these references can cause victim-survivors.



Phoenix also developed a detailed **submission to the Australian Parliament's Inquiry into the Relationship Between Domestic, Family and Sexual Violence and Suicide**, placing child sexual abuse at the centre of the national suicide prevention conversation and calling for trauma-informed data and coronial practices, long-term specialist services and stronger recognition of child sexual abuse as a major contributor to suicide risk.

The submission draws together research evidence along with Phoenix's own clinical data, revealing a stark and disturbing reality: child sexual abuse is one of the strongest long-term predictors of suicide, yet it remains systematically overlooked in policy, data collection, and service responses. Australia's most significant longitudinal study on this issue, M. Cutajar et al (2010), tracked survivors of child sexual abuse over 44 years. Its findings are devastating.

Women who survived child sexual abuse were found to be 40 times more likely to die by suicide than women in the general population, while male survivors faced a suicide risk 14 times higher than their peers. The study also found that suicide and fatal self-harm often occurred decades after the abuse, commonly when survivors were in their thirties, highlighting the delayed and cumulative nature of risk.

Many of those who died had previously engaged with mental health services, but their history of child sexual abuse was frequently not identified or treated as a core suicide risk factor. Phoenix's own data tells the same story - this time through the lived experience of our clients. An internal analysis of intake and assessment data from 50 Phoenix clients revealed that **77 per cent had experienced suicidal ideation, suicide attempts, or serious self harm incidents**. More than half reported current suicidal thoughts, and nearly one in four disclosed having made plans to end their life. These findings reflect what Phoenix clinicians see daily: suicidality is not incidental among adult survivors of child sexual abuse, it is a central and enduring feature of their trauma.

WA SEXUAL VIOLENCE PREVENTION AND RESPONSE STRATEGY 2025 - 2035

In February 2026 an event was held at the Department of Communities WA to acknowledge the contribution of the **Reference Group** for the WA Sexual Violence Prevention and Response Strategy - a first for Western Australia. During the three-year term of the Reference Group, I represented Phoenix and the survivors we support, in the development of the strategy.



▲ Hon. Minister Simone McGurk, Nicole Lambert & Mike Rowe

The group was addressed by Hon. Minister Simone McGurk and Reference Group Chair Nicole Lambert and emceed by Director General Mike Rowe. The Chair thanked the Minister for her commitment to the Strategy and that of the WA government and acknowledged the initiative was a good start. Nicole Lambert also highlighted the alarming statistics and huge cost of sexual violence and emphasised there is still a lot of work to do to address sexual violence and child sexual abuse - currently at pandemic proportions in Australia. The First Action Plan and Full Strategy is available online.

THE PHOENIX TEAM

As always, none of these achievements would have been possible without our remarkable team of staff.

Our two whole-of-team planning days, held in August 2025 and April 2026, created valuable space to step back from day-to-day service delivery and focus on continuous improvement. In these Planning days, staff reviewed waitlist and intake processes, clinical and reporting requirements, policies and procedures, service sustainability, staff and case management meetings, technology, data collection and future training, and advocacy opportunities. These collaborative discussions generated practical actions while strengthening shared responsibility, connection, and our commitment to safe, accessible, and trauma-informed practice.



▲ Phoenix Team Left to Right: Nicole, Jay, Louise, Baljit, Marc, Michelle, Susan

The feedback we receive from survivors consistently reflects not only the quality of the service provided, but also the kindness, empathy, and genuine care demonstrated by staff.

I remain incredibly proud of what this small but dedicated team continues to achieve.

WHERE TO FROM HERE?

While much has been achieved, significant challenges remain.

Demand for specialist support continues to increase, and far too many survivors still face lengthy waiting periods for affordable trauma-informed counselling and other forms of specialist assistance. At the same time, the child sexual abuse and sexual violence sectors continue to advocate for stronger investment, improved service integration and better access to justice and recovery pathways.

Despite these challenges, I remain optimistic.

The success of initiatives such as ***The Taboo Times***, the appointment of **Dr Jessica Taylor as Patron**, the strong community response to ***Talk About Taboo***, the ***Wreckage*** screening, and the continued growth of Phoenix's training and counselling programs all demonstrate a growing willingness to have difficult conversations and challenge long-standing assumptions.

Meaningful change begins with awareness. Awareness leads to understanding. Understanding creates action.

Thank you to everyone who has supported Phoenix during 2025-2026. Together, we are helping to achieve **creating compassionate communities** and a future where survivors are heard, believed, supported, and empowered.

FUTURE DIRECTIONS 2026-2027

- "Beyond Silos" Roundtable Sector Event
- Support or System Navigation (SoS) Pilot
- Ongoing advocacy via The Taboo Times
- Expand GP Trauma Awareness Training

What an honour it has been having you a part of my journey and evolution. Your insight, kindness and ability to hold space for me has been an eye opener for my self-worth.

Phoenix Client

I feel we made great progress and I thank you with all of my being.

Phoenix Client

My shame has been called out. It was never mine. I have a much healthier self-perspective and feel more equipped to fit back into society.

Phoenix Client

One sentence gave me insight that will hasten my healing: 'abuse was done to me'. I no longer have to hold onto guilt that it was my fault.

Phoenix Client

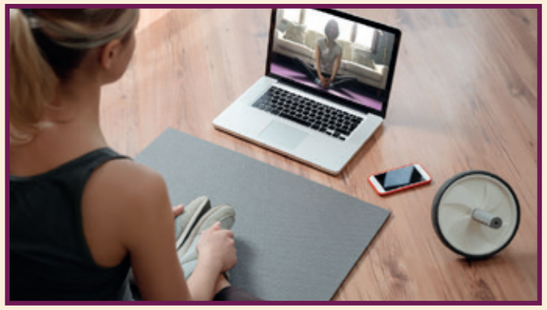
OUR RANGE OF THERAPEUTIC INTERVENTIONS



Phoenix Shining Light on Child Sexual Abuse Healing & Recovery

Trauma Sensitive Yoga

Phoenix recognises that healing from complex trauma involves more than talking therapies. For many survivors, reconnecting safely with the body can be a critical part of recovery. During 2025-2026, Phoenix continued to offer Trauma Sensitive Yoga (TSY), providing clients with a gentle, trauma-informed opportunity to explore movement, mindfulness and self-regulation within a safe and supportive environment.



The six-week online program was facilitated by Coby Greer, an experienced counsellor, clinical supervisor and Certified Trauma Centre Trauma Sensitive Yoga (TCTSY) facilitator. Drawing on evidence-informed practice, the program was specifically designed for adult survivors of child sexual abuse and complex trauma. Participants were invited to explore movement, breathing and body awareness in ways that emphasised choice, safety and empowerment.

The program complemented Phoenix's counselling services by helping participants develop practical strategies for grounding, emotional regulation and increasing awareness of mind-body connections. Feedback from participants highlighted the value of creating opportunities for healing beyond traditional counselling approaches:

"I'm truly grateful for Coby for creating a safe and supportive space to practice TSY."

"Coby's sessions consistently make me feel safe, at ease, and genuinely welcomed."

"It's hard to summarise how much Coby's sessions have helped me, but they have become an important part of my healing journey."

"Her explanations help me connect more deeply to the practices and give me confidence to continue practicing on my own."

"I have a deeper mind-body connection. I remember to notice my body sensations more during anxiety symptoms and come out of them sooner."

Phoenix is grateful to to the **Zonta Club** of the Northern Suburbs whose financial support has assisted in making these opportunities accessible to clients, recognising that holistic approaches can play an important role in trauma recovery and wellbeing.



COBY GREER
TRAUMA SENSITIVE YOGA FACILITATOR AND TRAUMA COUNSELLOR

Building Capability Through VictimFocus Training

During 2025-2026, Phoenix made a significant investment in professional development and workforce capability through the acquisition of the comprehensive VictimFocus training suite developed by renowned researchers and practitioners Dr Jessica Taylor and Jaimi Shrive. The suite includes an extensive range of evidence-informed training resources, trainer guides, participant handbooks, factsheets, and specialist learning programs focused on child sexual abuse, sexual violence, trauma, victimisation and recovery and Phoenix has been granted exclusive rights to the material for Western Australia. The resource library covers topics including trauma-informed practice, child sexual abuse and exploitation, harmful sexual behaviours, the hypersexualisation of children, **victim blaming**, criminal justice system navigation, supporting boys and young men affected by abuse, vicarious trauma, and intersectionality.



This investment reflects Phoenix's commitment to strengthening the knowledge, confidence, and skills of the workforce that supports adult survivors of child sexual abuse and interpersonal violence across Western Australia. The training materials align closely with Phoenix's mission to improve responses to survivors, challenge harmful myths and misconceptions, and build safer, more compassionate communities. The suite has particular relevance across the sexual assault, child protection, domestic and family violence, mental health, justice, health and youth sectors, while also providing valuable content for organisational leaders, supervisors and trainers.

Phoenix counselling staff and selected specialist training consultants have since participated in advanced Train the Trainer programs delivered by Dr Jessica Taylor and Jaimi Shrive. These training workshops included ***"Teaching Others About Abuse and Victim Blaming"*** and the ***"Advanced Trauma-Informed Facilitator Training"***, equipping participants with the knowledge and facilitation skills required to confidently deliver training and the material to a broad range of professional audiences.



As a result of this investment, Phoenix is developing an exciting professional development and prevention training schedule for 2027. These workshops will be delivered by Phoenix-trained facilitators and expert consultants, enabling organisations throughout Western Australia to access high-quality, evidence-based education that is typically difficult to source outside specialist services.

One of the training modules within the VictimFocus suite is ***"Understanding and Challenging Victim Blaming and Self-Blame in Child Sexual Abuse"***. The course examines the prevalence and impact of **victim blaming**, explores the psychological theories that underpin these attitudes, and equips professionals with practical strategies to identify and challenge victim blaming in their work and everyday interactions.

Victim blaming remains one of the most significant barriers faced by survivors of child sexual abuse and all forms of interpersonal violence. While often subtle, victim blaming can occur when questions are asked about why a child or adult did not disclose earlier, why they maintained contact with a perpetrator, why certain

behaviours occurred during the abuse, or whether different decisions could have prevented the harm. Such responses can unintentionally reinforce the belief that the victim was responsible for the abuse.



The training challenges these misconceptions by helping participants understand the realities of coercion, grooming, entrapment, power imbalances, and trauma responses. For example, a professional working with an adult survivor may encounter a client who says, "I should have stopped it," or "I should have told someone." Through the VictimFocus framework, professionals learn to recognise these statements as examples of internalised self-blame rather than evidence of responsibility. They explore how victims survive abusive situations by adapting to circumstances far beyond their control, and how perpetrators deliberately create conditions that make disclosure difficult or frightening.

Participants are encouraged to reframe conversations in ways that promote healing and accountability. Rather than focusing on what a victim did or did not do, attention is redirected to the choices made by the perpetrator and the systemic factors that allowed the abuse to occur. This shift not only improves support for survivors but also challenges broader societal attitudes that contribute to shame, silence, and stigma.

The course has relevance far beyond counselling settings. Police officers, lawyers, child protection workers, teachers, health professionals, and community service staff all benefit from understanding how everyday language, assumptions, and organisational practices can unintentionally perpetuate victim blaming. By addressing these issues directly, the training supports the development of more trauma-informed, survivor-centred services and systems.

As Phoenix prepares to launch these programs in 2027, we are excited about the opportunity to contribute to workforce development, prevention, and systemic change across Western Australia. Phoenix aims to make these evidence-based learning opportunities accessible to the sectors that need them most. The ultimate goal is to ensure that every survivor encountering a service is met with understanding, belief, compassion, and an informed response that **places responsibility for abuse where it belongs, with the perpetrator, never the victim.**

I had someone I could talk to and trust which is important in my life because I did not know who else would understand me.

Phoenix Client

Imagery Rescripting: A Trauma Therapy Approach

OVERVIEW BY SUSAN LAIRD

Over the past year, imagery rescripting has continued to be a valued trauma therapy approach used with clients carrying histories of childhood sexual abuse and other complex interpersonal trauma.

THE THERAPEUTIC CHALLENGE WE ARE ADDRESSING



Clients referred to our service frequently arrive having spent years, sometimes decades, managing the legacy of childhood trauma on their own. Many describe themselves in pathologising terms, "broken," "mad," "defective," which reflect how they have been treated and labelled rather than who they are. They often present with intrusive memories, dissociation, hypervigilance, and deeply held beliefs of shame, powerlessness, or self-blame, and they are frequently afraid of therapy itself, because trauma therapy asks them to engage with the very material they have spent a lifetime avoiding.

Imagery rescripting is a trauma therapy approach that respects that fear, works with it rather than against it, and allows clients to engage with trauma material safely, at a pace they can tolerate. It aligns closely with the trauma-informed principles of safety, choice, trustworthiness, collaboration, and empowerment.

WHAT THE PROCESS INVOLVES

Unlike traditional exposure-based trauma therapy, which asks a client to repeatedly relive a traumatic event, imagery rescripting does not require the client to re-experience the traumatic event itself. The therapy follows a structured process:

Preparation and Stabilisation

Before any rescripting occurs, the counsellor works with the client to build a foundation of emotional regulation, grounding, and a sense of internal safety. This includes identifying what brings the client into their window of tolerance and what signals that they are tipping out of it. Trauma processing is never rushed ahead of regulatory capacity.

Identifying the Memory to be Worked With

The counsellor and client together identify a specific distressing memory or image that is actively intruding on the client's present life. This is selected with the client's consent, not imposed by the counsellor.

Imagining the Scene Just Before the Trauma



The client is gently guided to visualise the point just before the traumatic material is activated, not the trauma itself. The process stops before the traumatic event occurs. This is a defining feature of the approach.

Introducing a Protective Figure

The client is invited to bring into the imagined scene a figure of protection, an internal one (their adult self) or an external one (a trusted relative, a character, a symbolic protector). This is the client's choice. The protector enters the frame and intervenes in whatever way the client decides.



Rewriting the Outcome

Together, the client and counsellor construct a new, safer narrative that gives the younger self what



SUSAN LAIRD
SENIOR COUNSELLOR

was needed but could not have at the time, such as protection, voice, or a trusted adult stepping in. The client remains in control of the narrative throughout. The counsellor does not decide what happens in the rescripted memory; the client does.

Integrating the Rescripted Memory

The counsellor helps the client notice the changes in their body, emotions, and beliefs after the rescript. Over time, this new narrative is integrated into the client's autobiographical memory, reducing the intensity and intrusion of the original memory.

Grounding and Return to the Present

Every session ends with grounding techniques and a return to present safety, so the client leaves the room in their window of tolerance rather than destabilised.

WHY THIS PROCESS WORKS

Several features of the process account for its effectiveness in trauma therapy:



It works at the point of meaning rather than perceptual re-experiencing. Where exposure therapy targets habituation to the perceptual elements of an intrusion, rescripting changes the interpersonal and schematic meaning attached to the memory. This is particularly suited to childhood sexual abuse or trauma, where meaning-based appraisals of self, others, and the world are central to the lasting impact of the abuse.

It updates core beliefs. Rescripting gently disrupts beliefs such as shame, powerlessness, and self-blame, by introducing evidence of safety, protection, and agency into the memory frame, which is then integrated into the client's life story. This is not about rewriting history or pretending the abuse did not happen. It is about giving the younger self what they did not have at the time.

It uses external protectors before the internal adult self. Early in therapy, clients are not yet ready to protect themselves. Introducing a trusted figure (an uncle, aunt, or imagined protector) creates a scaffold for safety that the child self can accept. Over time, the adult self gradually takes the protector role, completing the integration.

It re-works the power dynamic. A central mechanism is helping the client see the perpetrator as diminished and themselves as empowered, not as fantasy, but as truthful re-perception. The child part sees the perpetrator as all-powerful; the therapy process allows the adult to rewrite that dynamic.

It facilitates child-adult part dialogue. Because trauma is carried by the child self, avoiding memories mirrors the original invalidation. Teaching the adult self to validate ("I hear you, I'll make space for you") disrupts the avoidance loop and reduces the intrusive memory's intensity.

It is better tolerated than exposure therapy. Because rescripting does not require full reliving of the traumatic event, the risk of becoming overwhelmed and dissociation is lower, provided grounding and safety scaffolding are incorporated. This matters enormously in the CSA and trauma populations, where treatment drop-out has historically limited therapeutic reach.

WHAT WE SEE IN PRACTICE

Clients who engage with imagery rescripting as part of their trauma therapy typically report:

- A felt sense of shift, lightness, and unburdening that was not previously accessible through talk-based work alone
- Reduced intensity and frequency of intrusive memories and re-experiencing symptoms
- A reframing of the trauma which transforms the therapeutic task from confrontation to compassion
- Increased sense of agency and power, as the adult self becomes the protector rather than the avoided perpetrator
- Improved connection to protective figures and current relationships
- Meaningful shifts in measured outcomes (PCL-5) when used alongside stabilisation and grounding work

The therapy process is well suited to our client group because it respects pace and capacity, integrates cleanly with the window-of-tolerance and parts-based frameworks already embedded in our trauma work, and avoids the destabilisation risk that can accompany prolonged exposure in dissociative presentations.

For survivors of childhood sexual abuse, imagery rescripting is a structured, evidence-supported process that honours the courage it takes to arrive in a therapy room at all, treats survival strategies as evidence of strength rather than pathology, and supports clients to step back into the protective role their younger selves always deserved.

I have seen many counsellors before Phoenix. The first major thing was that my counsellor believed me. I have made incredible progress now.

Phoenix Client

She's the first therapist who's truly seen me and looked beneath the surface to understand my experiences and mental health.

Phoenix Client

My time with you has been so healing. I'm very grateful for your time, energy, guidance, support and wisdom.

Phoenix Client

2025-2026 FINANCES

Financial Report Overview

STATEMENT OF FINANCIAL POSITION

Phoenix strengthened its financial position during 2025–2026. Net assets increased by $95,086 as of 30 June 2026. The operating surplus more than doubled from the prior year.

Total revenue from ordinary activities increased by 19%. The improvement was led by acquiring a new funding source, from fee-for-service training income, donations, and interest income. Total expenditure rose by 14% with employee benefits remaining the largest cost. Consultant and resource costs also increased, while venue hire, printing and stationery, information technology, and other expenses declined.

Liquidity remains strong. Cash at bank and term deposits representing approximately 93% of total assets. Net cash provided by operating activities improved substantially. After net investing outflows, cash at bank increased by $26,040 to $44,727.

Total liabilities increased mainly because of advanced income and higher employee benefit provisions. This was partly offset by lower unexpended funds and trade and other payables. All employee benefit obligations recorded in the financial statements were accrued at year-end.

Overall, Phoenix remains financially stable, supported by strong liquid reserves, positive operating cash flow, and continued growth in members' funds. The higher surplus and revenue growth are positive.

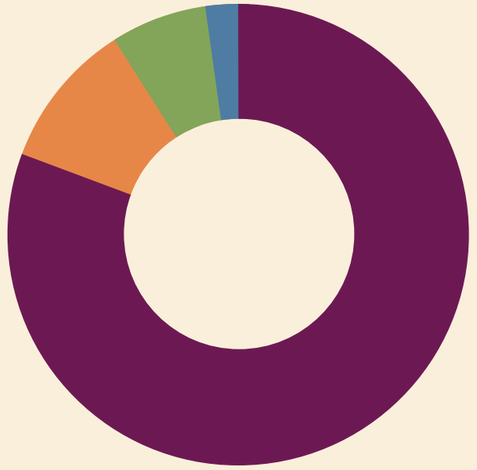
MARC SPRADBURY
ACCOUNTANT & CORPORATE DUTIES

Service Delivery Funding provided by:

GOVERNMENT OF WESTERN AUSTRALIA
Department of Communities

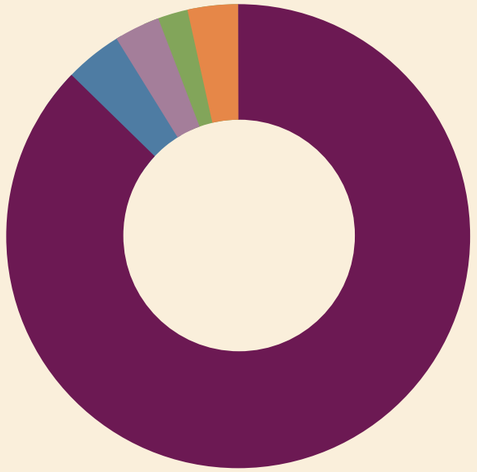
REVENUE

- Funding 81%
- Fee for service 10%
- Interest Earned 7%
- Other Income 2%



EXPENDITURE

- Service Delivery 87%
- Rent 4%
- Insurance 2%
- Information Technology 3%
- Other Operating Costs 4%



OUR ADVOCACY

Creating Conversations, Challenging Taboo, and Advancing Change



Advocacy has always been at the heart of Phoenix's mission. Throughout 2025-2026, Phoenix continued to challenge stigma, amplify survivor voices, and create safe opportunities for community conversations about child sexual abuse, sexual violence, and recovery. Through public events, sector engagement, publications and policy participation, Phoenix worked to ensure these often-hidden issues remained visible and understood.

A major milestone during the year was the appointment of internationally recognised author, researcher, and advocate **Dr Jessica Taylor as Patron of Phoenix**.

To celebrate the appointment, Phoenix hosted a **Patron Launch and Meet & Greet** event attended by approximately 60 invited guests from government, community services, health, academia and the wider community. The event acknowledged Dr Taylor's significant contribution to challenging victim-blaming narratives and supporting survivor-centred responses internationally.



Building on this momentum, Phoenix delivered the inaugural ***Talk About Taboo*** community event in June 2026. Approximately 60 attendees participated in the half-day program featuring presentations from **Grace Tame**, **Tanya Lee**, and **Kayelene Kerr**, followed by a panel discussion exploring child sexual abuse, offender tactics, online exploitation, incest and pathways towards social change. Evaluation results demonstrated the event's impact, with attendees providing an exceptional recommendation score of 98.27 out of 100 and an overall satisfaction rating of 4.6 out of 5.

Participants described the event as:

"Amazing, moving, heart wrenching to hear but inspiring."

"Truly amazing event.Thank you Phoenix."

"Thank you! Amazing!! Better than I imagined!"





Phoenix also continued to support broader community awareness initiatives, including the planned screening of the WA made film ***Wreckage***. A nearly sold-out event with ticket sales at 163. The event has been made possible through community support including sponsorship and donations from Lindentech and a private donor. The screening provided an opportunity to engage new audiences in conversations about trauma, recovery, and survivor experiences.



In addition to public events, Phoenix launched ***The Taboo Times***, a new newsletter funded by a **Fremantle Foundation donor** and designed to raise awareness, highlight research and survivor issues, and keep the conversation visible within professional and community settings.

Four editions of The Taboo Times were distributed during 2025-2026 and have already become an important component of Phoenix's prevention, community awareness, and advocacy work.



Phoenix also developed a detailed **submission to the Australian Parliament's Inquiry into the Relationship Between Domestic, Family and Sexual Violence and Suicide**, placing child sexual abuse at the centre of the national suicide prevention conversation and calling for trauma-informed data and coronial practices, long-term specialist services and stronger recognition of child sexual abuse as a major contributor to suicide risk.

An internal analysis of intake and assessment data from 50 Phoenix clients revealed that **77 per cent had experienced suicidal ideation, suicide attempts, or serious self harm incidents**. More than half reported current suicidal thoughts, and nearly one in four disclosed having made plans to end their life. These findings reflect what Phoenix clinicians see daily: suicidality is not incidental among adult survivors of child sexual abuse it is a central and enduring feature of their trauma.



Advocacy also occurred through the CEO's representation on key committees and advisory groups. Through the leadership of Louise Lamont, Phoenix continued contributing to state and national discussions relating to child sexual abuse, sexual violence prevention, child safety, and victim-survivor support. These opportunities help ensure that survivor experiences inform future policies, services, and system reforms.

Together, these activities reflect **Phoenix's ongoing commitment to creating compassionate communities** where child sexual abuse and sexual violence can be discussed openly, understood more deeply and responded to with empathy, accountability, and action.

I feel I have made great progress, and the sessions have been so positive in the scheme of things. One must crawl through the mud to find the springs.

Phoenix Client

Our sessions, her wisdom and support have been life changing. I cannot thank her and Phoenix enough.

Phoenix Client

I just wanted to say a very big thank you. Even though it was a short amount of time, she helped me tremendously and I am very thankful.

Phoenix Client

I just wish all counsellors showed as much compassion for their clients as Phoenix does. Please don't change anything.

Phoenix Client

CLIENT CONTRIBUTIONS

REFLECT - RESTORE - RECOVER

Paintings

BY J.S ©









Poem

BY CHRIS ©

I still carry that child within.
Me
Quiet and watchful.
Living in the corners of old Memories
Where light rarely
Reached.
I learned too early
That silence could feel safer
Then speaking.
That smiling could hide a
Thousand storms,
That surviving and living were not
The same thing

Years passed.
I grew taller,older,stronger,
Yet some part of me
Remained there, holding questions no child
Should have to hold
Waiting for someone to say,
“it wasn’t your fault”

For a long time,
I could not look back without breaking.
The memories arrived like
Shadows of dusk,
Stretching across ordinary days,
Turning laughter into guilt and
Sleep into a battlefield

But healing was never a
Single moment.
It came quietly
In kind voices
In safe places.
In tears I finally allowed
Myself to cry.

In learning that my pain
Did not make me weak.
And though the scars
Remain, they are no longer the whole story.
I am more than what happened, it doesn’t define who I am.

I am healing
I am surviving
I am still here
I am the one who survived



Meditation and Tea

BY S.M. SMITH ©

After meditation, one woman or another approaches and asks, "Would you like tea? What kind of tea? What kind of milk?"

Tea of various kinds appears in front of people, along with delicious morsels of cake and fruit. What happens when a woman serves a cup of tea, offers food to other women? It feels like being in a room full of mirrors, seeing all one's own care, love, and service to others being offered back, those attributes we don't value in ourselves so clearly evident.

Between the chanting and the intermittent ringing of bells, my baby grandson lifts his sweet voice into any moments of silence in the gompa. We're meditating. Our dear friend has organized a blessing for those of us in difficult circumstances. We're meditating but I'm also holding the baby. My upright posture and steady breathing seem to relax him... until I smell the unmistakable aroma of a poo wafting up to me and likely soon to spread throughout the space. Holding him aloft, and backing out of the room half sideways in my effort not to turn my back on the altar and our resident monk and esteemed teacher, I make it into the adjacent living room and settle him on a sofa to change and feed him.

Still relaxed, still breathing white light in and negativity out, I think of all the serious and deep thinking I've done in my life -in the background still the low, hypnotic Tibetan chanting, the bells, and I laugh at myself.

"Still dealing with shit, mostly," I whisper to the baby as I wrap the offending nappy.

Pedophiles Child

BY SW ©

Cautiously with trembling hands, I reached out and touched the serpent

I felt the gooseflesh engulf my every sense

In an instant the serpent turned to strike and I cowered to the safeness of my fetal ball

With an instinct of its own, I felt it tear my flesh and rip my soul

With my face held into womanhood, part of me died



Harmony

BY SW ©

Today I sat quietly with Mother Nature and quenched my thirst gazing over her vast oceans

She gathered the many tears I have shed and cleansed them through the ocean salts

Others gathered and I offered them my thanks

Sea birds collected these thoughts and begun the words journey

Cherwynd brushed my cheek then gently kissed my forehead

With her hand she brought forward the thoughts of my home and I bathed in the beauty

Below the elements danced playfully on a small patch of sand

Their antics gently caressed me with soft harmony, hope and understanding

Reaching out I kissed the earth, then blew this to the heavens

Written in silver and guarded by the ancient trees of gold, it is now yours to keep

Take with you this harmony now set amongst these ancient trees to a place of comfort

Bathe yourself in the beauty

Morning's Dream

BY SW ©

The narrow path glistened as shards of morning light danced playfully in obscure directions

As morning drew a long deep breath, she stretched to the horizon and blew a gentle breeze

The sun reached out and transformed nights damp mist into golden veils, then slung them haphazardly throughout the trees

Together, the morning and the sun painted the forest

Already busy, the careful mantis gathered dewdrops from an intricate spider's web

Her shadow cast resembled a musician and their harp making sounds the gods cry to

A pond at the end of the path lifted nights curtain to reveal golden carp snapping at the heels of goblins and fairies as they played carelessly on the still waters

Fundamentals rode to shore on their laughter

I cannot wait to dream again



Ocean Dreams

BY LORRAINE ©



“I discovered pyrography, the art of wood burning, over 25 years ago when I purchased my first machine shortly after having my son Jesse. For many years it sat tucked away, overshadowed by the demands of farm life, family, and the constant presence of other people. It wasn't until around five years ago, when I attended a wood-burning class where the supplied equipment was barely functional, that I retrieved my own long-forgotten machine. What began as a tentative return to a creative practice quickly blossomed into something far more significant. My first piece, a plaque bearing the words "Life isn't about waiting for the storm to pass, it's about learning to dance in the rain," captured a pivotal moment in my recovery and was created during a period of significant trauma. Since then, my work has expanded to include ornate essential oil holders, a Lazy Susan inspired by my love of cooking, and intricate pieces gifted to the organisations that have supported my journey.

For me, art has become much more than a creative outlet; it has become a means of reclaiming my identity. For much of my life, trauma defined how I saw myself, but through the dedication and care I pour into each piece of wood, I have come to recognise myself as something new. The sale of my first piece, Ocean Dreams, at a local art show for one hundred dollars was a turning point, marking the first time I felt I could confidently say, "I am an artist." Today, art provides me with purpose and direction, particularly as I navigate life transitions such as my children leaving home. Where once there may have been uncertainty about what comes next, there is now a clear pathway forward, one I pursue with genuine enthusiasm rather than obligation”.

















Say Goodbye To Fear

BY NATALIE EDWARDS ©

As the sun comes out to shine
Clouds are pushed away by the wind
Sleep has become so hard to bare
Images that I can't let go of.

I have to say goodbye to fear
To allow myself to start to breath
Putting one foot in front of the other
Having to learn to smile again.

A tsunami has enveloped my spirit
My heart fractured like a jigsaw puzzle
When will the pieces fit back together
Can I say goodbye to fear.

Say goodbye to fear
Let calmness overflow me
Feel the polished rocks under my feet
A new day will arrive.



It Didn't Break My Spirit

BY NATALIE EDWARDS ©

As the sun begins to set
Three weeks have gone by
Since I thought I may die
But I'm still standing tall

Slowly I come to terms
With the horror of that night
What happened broke my soul
But it didn't break my spirit.

Although deep down inside
I knew I shouldn't have gone
But my instincts were frozen
It seemed to take forever.

I haven't been able to smile
Flashbacks and nightmares
Still haunt my sleep
But it didn't break my spirit

My body will heal in time
My soul I will nurture
But I had to forgive you first
For my soul to be free.

Peace I will find again
Because I'm stronger now
I didn't let you kill me
And it didn't break my spirit.

I'm Falling

BY NATALIE EDWARDS ©

As I lay in bed late at night
The nightmare becomes real
Its dark and I can't see
I just hear someone behind me.

Footsteps coming fast
My heart is racing so much
I can't breath it hurts
Here comes the cliff face.

They're chasing me now
I'm falling down the cliff
Nobody can hear the screams
I can't see the bottom.

I'm falling fast below
Some way I need to cry out
The sounds are like chains
around my throat.

I'm falling cries can't be heard



A huge thank you goes out to Tori. She is exceptional in her knowledge and presence and brought passion and connection to a very difficult topic.

Workshop Participant

The training reinforced the importance of the language I use and provided practical ways to challenge pathologising responses to survivors.

Workshop Participant

Thank you! Amazing!! Better than I imagined!

Workshop Participant
Talk About Taboo - Grace Tame Event

My Counsellor is awesome. She has always listened and made me feel safe when discussing my issues, with never any judgement.

Phoenix Client

Wildfire Infused Phoenix

BY AMY MUNRO ©

I am so incredibly proud and honoured to share this piece of me with all of you. I was inspired to write the lyrics to this song after making a choice that was 100% mine to make. That decision allowed me to begin a new journey and leave my own footprints on a pathway towards the 'authentic and beautiful perfectly imperfect me'. I have hidden from a place of understandable fear for so many years.

For the first time in my life, I was welcomed with truly open arms and loving, caring hearts by each and every individual employee I've had the privilege to engage with while accessing services. Phoenix Support and Advocacy Service helped infuse and reignited the nearly dimmed eternal fire and light within me. I hope my song helps heal and inspire all those who need a reminder to believe and know that:

'You are never alone, we see you, we hear you and we will not ever silence you. You are safe and have finally found your tribe and are all Phoenix flames.....I did, you will too, just take the first step forward.....'

Kind Regards

Amy Munro

Listen to Wildfire Infused Phoenix

Lyrics by: *QueenBeeInc* a.k.a. Amy Munro
Song, Audio & Vocals by: Suno App on #SoundCloud

https://on.soundcloud.com/HW1G7hEnWY0G6ZmWPn

They tried to silence me,
Bury my essence down deep.
Silence me and Bury me deep
Stole pieces of my spirit,
But my soul refused to sleep.
My soul refuses to sleep

Their judgments,
marked and burnt my skin.
The Scars are deep
Scars tell the battles,
I've been in.
So many battles
Yet like the phoenix,
I ascend.....
I rise,
like a wildfire infused phoenix.
This story's mine,
it doesn't end.
I alone author my story

With bruised and battered wings,
I soar and fly.
I fly rise and soar up high
Through storms that dared,
to clip the skies.
Storms raging through the skies
What they shattered,
sparked a flame.

They ignited a blazing wild fire
They'll never steal or rewrite,
my soul and name.
I won't hand over my name

Every wound, every scar,
is my victory call.
I am more than the shadows,
where they left me to fall.
They left me to fall
Their lies ignited power,
their hate built my flame.
A powerful wild blazing flame
My light was never destined,
to be contained.
My light won't be contained

They etched their words,
like daggers sharp.
Into my skin,
into my heart.
Daggers forced deep into my heart
Left me scorched and broken,
tiny pieces scattered.
Broken and thrown away
But I transformed and rebuilt,
what truly mattered.
Rebuilt what matters

Silent echoes,
filled the halls.
Echoes bouncing off the walls
It's time to rise and transform,
it's time to heal it all.
Rise, transform and heal it all
Their fictions fade,
their truths untrue.
Yes, they will fade away
They never knew,
the wildfire infused me that grew.

Chorus

I am not,
a recycled story.
I'm not a version,
to fit their glory.
I rise as me,
raw and true.
A blazing wildfire,
they can't erase or subdue.
Coded by their lies,
now transformed and redefined.
This heart,
this soul,
will never resign to their shame.

Chorus

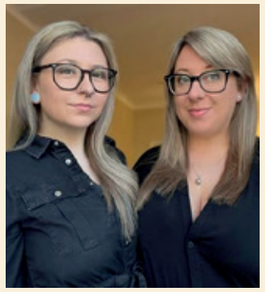
Oh, my light,
can't be contained.



Through their storms,
I still remain.
My light will always be sustained

To all those phoenix flames,
you are now safe and secure again.
With every wildfire infused flame.
You'll fly, you'll soar,
and rise again.
Uncontainable,
is our name.
With every wildfire infused flame,
I'll fly, I'll soar,
and rise again.
Uncontainable,
is my name.















Fantastic training. Thank you for sharing your insights and expertise. I found this training really valuable and will definitely recommend it to colleagues.

Workshop Participant

Amazing, moving, heart wrenching to hear but inspiring!

Workshop Participant
Talk About Taboo - Grace Tame Event

Supporting Us

If you are interested in supporting Phoenix tax deductible donations can be made via our website **www.phoenix.asn.au** by clicking on MAKE A DONATION link.

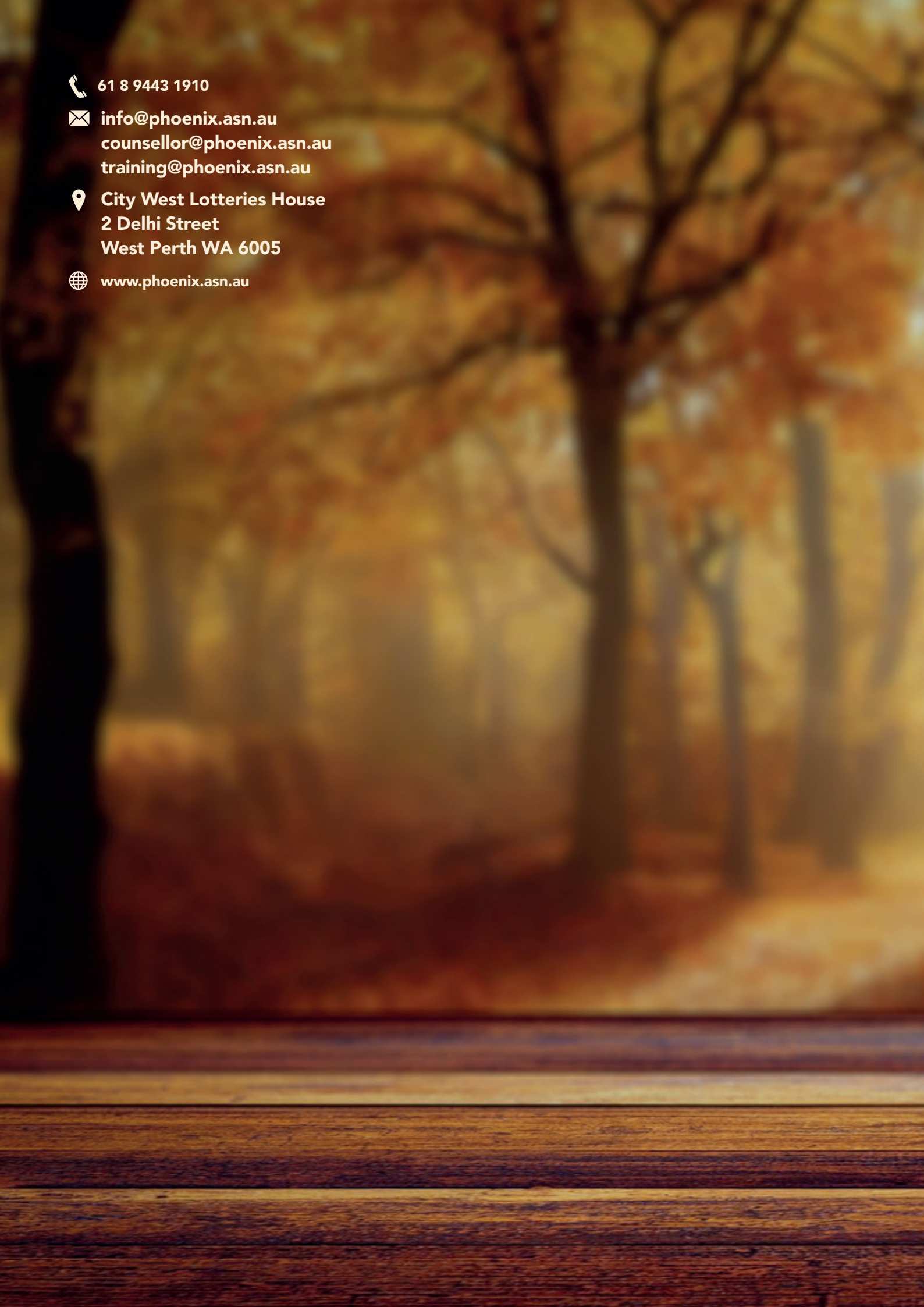


ZONTA CLUB OF PERTH NORTHERN SUBURBS INC
BUILD A BETTER WORLD FOR WOMEN AND GIRLS

Fremantle Foundation
Philanthropy for WA

I can be a better person, the one I want to be.

Phoenix Client



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