



Phoenix
Professional Development
and Prevention Services

Creating Compassionate Communities Conference

Preventing child sexual abuse and childhood trauma is everyone's business - learn how early intervention creates compassionate communities and reduces sexual violence

Wednesday 12 October 2022 | Novotel Perth Langley Hotel



*Changing one mind and one heart at a time through
early intervention and prevention*

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Conference Program

Time	Presentation Topic	Speaker
8:30am	Registrations and Arrival tea and coffee	
9:00am	Acknowledgement of Country	Gail Barrow
9:05am	Welcome and Setting the Scene	Louise Lamont
9:15am	It's Time We Talked: Porn, young people, and the prevention of violence	Maree Crabbe
10:30am	Morning Tea	
11:00am	Reducing the Harm: Talking about children and pornography	Kaylene Kerr
12:00pm	Building Safer Communities: Engaging with school communities for solutions to challenges	Dr Carolyn Johnson
12:30pm	Presenter Panel - Question Time	
12:40pm	Lunch	
1:25pm	Welcoming Minister	Louise Lamont
1:30pm	Address from Minister for Child Protection; Women's Interests: Prevention of Family and Domestic Violence; Community Services	Hon. Simone McGurk
1:40pm	Building Respect: Engaging men and boys in change for gender justice	Dr Michael Flood Live stream presentation
2:50pm	Panel Discussion - Overview of strategies to prevent child sexual abuse and sexual violence Nationally and in Western Australia	Panel Members
3:20pm	Afternoon Tea	
3:35pm	Building Better Brains: The impact of stress on self-regulation and trauma on the brain and a conversation with a neuroscientist (pre-recorded interview)	Louise Lamont and Dr Stuart Shanker
4:45pm	Conference Summary	Julie Woodhouse Phoenix Chair
4:55pm	Surprise self-care activities for preventing vicarious trauma	Coby Greer
5:15pm Finish and Networking Happy Hour following conference in hotel bar		

Minister's Address



Hon Simone McGurk BA(Arts) BA(Comms) MLA

Minister for Child Protection; Women's Interests; Prevention of Family and Domestic Violence; Community Services

Simone McGurk is the State Labor Member for Fremantle, and the Minister for Child Protection; Women's Interests; Prevention of Family and Domestic Violence and Community Services.

As a Minister in the McGowan Labor Government, Simone is working to implement a whole-of-government approach to tackling the deep-rooted and widespread issue of family and domestic violence. She is also committed to ensuring that our state invests in early intervention efforts to keep children and communities safe and build stronger families. Prior to her election in 2013, Simone worked in the union movement for over 22 years. Simone holds degrees in History from the University of Melbourne and Media from Murdoch University.

Conference Speaker Profiles



Maree Crabbe

Maree Crabbe is the co-founder and Director of the Australian violence prevention project, 'It's time we talked' (formerly Reality & Risk: Pornography, young people, and sexuality), Maree has worked with young people for over 25 years on issues affecting them. During this time, she developed and delivered programs focusing on sexual violence prevention, sexual diversity, pornography, sexting, and the prevention of sexually transmissible infections.

Maree presents about pornography, its impact on young people, and what we can do about it, at conferences, professional learning workshops and parent events in Australia and around the world. Maree has been interviewed for radio and television, and published articles on young people, sexuality, and pornography in online print and media.

Presentation | It's Time We Talked: Porn, young people, and prevention of violence

Readily available and aggressively marketed online, exposure to hardcore pornography is now mainstream. Porn has become a default sex educator for many young people, with serious implications for their capacity to negotiate free and full consent, for mutual respect, sexual health, and gender equality.

Young people need support to navigate respectful, consenting, and safe sexuality and relationships in this new reality. Yet many of the adults in their lives are unaware of the issues or feel ill-equipped to respond. Learn about pornography's impacts on young people and what we can do to address them.



Conference Speaker Profiles



Kayelene Kerr

Kayelene Kerr is recognised as one of Western Australia's most experienced specialist providers of Protective Behaviours, Body Safety, Cyber Safety, Digital Wellness and Pornography education workshops. Kayelene has featured on Australian and international television broadcasts, radio programs and in print media. Kayelene is passionate about the prevention of child abuse, sexual exploitation, and sexual violence, drawing on over 24 years' experience of study and law enforcement, investigating sexual crimes, including technology facilitated crimes. Kayelene believes protecting children from harm is a shared responsibility and she aims to support and inspire the trusted adults in children's lives to talk about challenging topics.

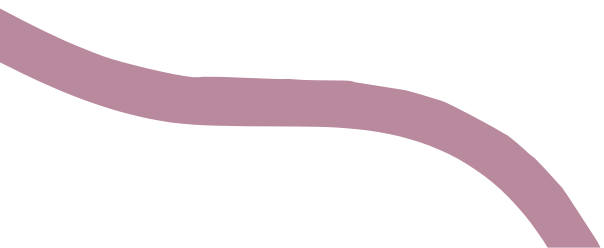
Kayelene has presented to international audiences and has delivered keynote addresses and workshops at Education, Child Protection, Health, Law Enforcement and Community Service conferences. Kayelene has also presented to many primary and secondary school students, government and non-government departments and service providers. Kayelene is one of the Telethon Kids Institute's trusted Cyber Safety experts and is currently working with the institute on a number of ongoing projects.

Presentation | Reducing the Harm: Talking about children and pornography

The internet and portable electronic devices have transformed the way pornography is accessed and how pornography accesses children. Whilst pornography is not new, the nature and accessibility of pornography has changed considerably.

Children are growing up in a world where it's impossible to avoid sexualised media and pornography. It's not a matter of 'if' a child will see pornography but 'when' and the when is getting younger and younger.

It's never too early to begin proactive and protective conversation and education. Participants will leave this session with research and evidence based up-to-date information, conversation starters, practical strategies, and resource recommendations.



Conference Speaker Profiles



Dr Carolyn Johnson

Dr Carolyn Johnson has 40 years' experience as a social worker delivering clinical service to clients, managing, and supervising professional staff, individually and in groups, teaching, developing curricula, researching, writing, and advocating for social change. She co-authored the "Columbus Program," introducing differential case management for cases involving child abuse and FDV in the Family Court of Western Australia.

Dr Johnson's research on familicide published, in "Come with Daddy: Child murder-suicide following family breakdown," has made a major contribution to understanding this offence.

Currently, in addition to lecturing part time at the University of Western Australia, Carolyn is involved in an interagency partnership in the Shire of Gingin, delivering a community awareness raising program, on the links between Family and Domestic Violence, Substance Misuse, Mental Health, and the Intergenerational Transmission of Complex Trauma. Carolyn continues to contribute to social policy as a member of the State Ombudsman's Advisory Panel on Domestic Homicide and Child Death.

Presentation with Dr Carolyn Johnson & Nina Brown | Building Safer Communities: Engaging with school communities for solutions to challenges

Dr Carolyn Johnson's presentation is based on work she is currently undertaking in the partnership "Building Safer Communities," (BSC) with her two colleagues Nina Brown and Catherine Broughton. The work encompasses school communities across the Northern Network of Coastal Schools, through to the peri-urban Shire of Gingin and extends into the Wheatbelt.

Following on from Dr Carolyn Johnson's earlier groundbreaking work on familicide and intimate partner homicide, where she identified the clear links between childhood trauma and intimate partner homicide-suicide and familicide, BSC is working to raise awareness about the links between disrupted attachment and the intergenerational transmission of complex trauma. It incorporates, at an audience appropriate level, information about the neurobiology of trauma and how this affects personality and behaviour.

BSC recognises schools as a central hub in communities, where learning about trauma informed approaches to education and how to recognise the difference between respectful and disrespectful relationships, is best not restricted to a particular group e.g., students or educators, but ideally is provided across the community, with an acknowledgement of eco-systemic influences on children, families, and communities.

The approach used by BSC is fluid depending on community need. Its preferred way of working is to commence training with educators then to run age-appropriate workshops with students in each year group in the school, from 5-12 (2 workshops for each cohort per year).

At present engaging parent/carer/community workshops has tended to be more challenging, forcing BSC and participating schools to find innovative ways to introduce the topic to parents/carers and community members and remains an area of development.

Conference Speaker Profiles



Dr Michael Flood

Dr Michael Flood is Professor in Sociology at the Queensland University of Technology (QUT) in Australia. He is an internationally recognised researcher on men, masculinities, and violence prevention. Dr Flood is the author of *Engaging Men and Boys in Violence Prevention* (2018) and the lead editor of *Engaging Men in Building Gender Equality* (2015) and *The International Encyclopedia of Men and Masculinities* (2007). He has contributed to social change campaigns, worked with organizations such as VicHealth, the Australian Football League (AFL), and the Australian Defence Force (ADF), participated in international expert meetings, and shaped national prevention frameworks.

Michael has provided expert advice to the Australian Bureau of Statistics, the Human Rights Commission, White Ribbon Australia, Our Watch, and other organisations. He has contributed to agenda-setting frameworks for violence prevention, including *Preventing Violence Before It Occurs* (2007), *Respectful Relationships Education* (2009), *National Standards for the Primary Prevention of Sexual Assault through Education* (2009), and *Change the Story: A shared framework for the primary prevention of violence against women and their children* (2015). Michael has had a life-long involvement in advocacy in support of feminism and social justice.

Presentation | Building Respect: Engaging men and boys in change for gender justice

There are growing efforts in Australia and around the world to involve men and boys in moving away from rigid and harmful masculinities and to engage them in building gender justice.

What issues do men and boys in Australia face? How do traditional, rigid versions of masculinity harm boys and men and the people around them? What works in engaging men and boys? How can we inspire their participation and their involvement in change?

I will be exploring these questions in my presentation at the Creating Compassionate Communities Conference, on October 12. People who attend the session will:

- Gain a rich understanding of work with men and boys
- Learn from Australian and international experience
- Explore practical ways to inspire and mobilise men and boys

I have had a lifelong involvement in research and advocacy on men's issues, gender, and violence. I am committed to building people's capacity to make change and to doing research that makes a difference.

Conference Speaker Profiles



Louise Lamont

Louise Lamont has held senior positions in the community services sector and with State and Federal Government in the fields of family and domestic violence (FDV), child sexual abuse, sexual assault, and family law. Louise is an experienced trainer delivering to allied professionals, and the Judiciary. Louise was a key advisor for the 'Freedom From Fear' mass media community education campaign. While working in Canberra, Louise supported the development of Family Relationship Centres, and national social justice networks. Louise has authored publications related to FDV screening and assessment, collaborative partnerships, and best practice for working with FDV.

Louise is currently CEO of Phoenix, and her background includes earlier work as a clinician, counselling survivors experiencing complex trauma, along with perpetrators of domestic violence. Louise set up a clinical supervision and professional development program for three hundred staff across eleven metropolitan and regional sites. She was a founding member and Convenor of the Domestic Violence Action Groups of WA, a peak body that successfully advocated for social justice and policy reform, collaborative practice, community education, and the funding of FDV counselling support services, helplines, and men's behaviour change programs. Louise has been a member of State and National committees addressing social justice challenges with recent appointments to the Advisory Group for the National Strategy to Prevent and Respond to Child Sexual Abuse and the Reference Group for the WA Sexual Violence Prevention and Response Strategy and is a longstanding member of the WACOSS Children's Policy Advisory Council.

Louise has completed a Masters' degree, and a range of post graduate studies including an accreditation process in the Shanker Method™ of Self-Regulation with Canadian neuroscientist Dr Stuart Shanker. The Shanker Method™ became the foundational influence and underpinning of the Trauma Transformation program developed for Phoenix.

Presentation with Dr Stuart Shanker | Building Better Brains: The impact of stress on self-regulation and trauma on the brain and a conversation with a neuroscientist (pre-recorded interview)

When children, young people, and adults experience stress and trauma they develop ways to cope however, over time their coping mechanisms can become maladaptive. The Shanker Method™ of Self-Regulation, developed by world renowned Canadian neuroscientist and author Dr Stuart Shanker, identifies the five domains that are impacted by stress, and how this stress can often be hidden. The impact of stress on each of these domains can present as challenging behaviours. This presentation will provide an overview of the Shanker Method™ of Self-Regulation and the impact of trauma on the brain. This overview will be interwoven with a pre-recorded conversation with Stuart in which he highlights the impact of social media and pornography on children and young people. In taking a holistic view, the neuroscience is another aspect to consider when we seek to understand some of the drivers in addition to other contextual and environmental factors that may influence maladaptive behaviours. The full interview with Dr Shanker will be available for delegates post conference.

Conference Speaker Profiles



Dr Stuart Shanker

Dr Stuart Shanker is Distinguished Research Professor Emeritus of Philosophy and Psychology, internationally celebrated speaker, thinker, and writer. Dr Shanker is one of the world's leading authorities on self-regulation. Stuart trained intensively in child psychotherapy under Stanley Greenspan; he was the Director of the Milton and Ethel Harris Research Initiative at York University; President of the Canadian Council of Early Child Development; Director of the Council of Human Development; and has served for many years as an advisor to Government and education organisations across Canada and internationally.

Throughout his career, Stuart has researched and studied the role of self-regulation in mental and physical wellbeing and academic achievement. He has focused on the beneficial role that positive stress plays in children's development and learning, and the worrying effects of excessive negative stress. Dr Shanker's five-step Self-Reg model – The Shanker Method TM – is a powerful process for understanding and managing stress in children, youth, and adults.

Stuart founded the Self-Regulation Institute, where he currently serves as Science Director to continue his research into self-regulation. Stuart went to Oxford University in 1975 to study the philosophy of mathematics, but by the time he left in 1986 his main interests were early childhood brain development and learning.

Stuart has visited Western Australia on three occasions. Initially invited to WA by Child Australia in 2011, he then returned as Thinker in Residence for the WA Commissioner for Children and Young People. Following that visit Stuart then received an invitation from the WA Council of Social Services to return in 2013.

To learn more about Stuart Shanker go to:

<https://self-reg.ca/dr-stuart-shanker-what-you-might-not-know-about-canadas-self-reg-guy/>

Dr Shanker is the author of many books and here is a sample below:



Conference Speaker Profiles



Coby Greer

Coby Greer (she/her) has 25 years of experience in human services. She is a counsellor (Ma. Counselling), clinical supervisor, psycho-educational trainer, certified yoga teacher, a Trauma Center Trauma Sensitive Yoga facilitator (320-hour) and has completed a post-graduate diploma in Family and Relationship Therapy. Coby believes that wellness and wellbeing are a right for all and is passionate about supporting people in their healing through the self-transformative practices of evidence-based psychological therapies; trauma-informed somatic modalities and complementary therapy. Coby has a deep interest in supporting people in building an intimate relationship between their physical body and their psychological wellbeing to help facilitate positive behaviour change. Coby's person-centered, strength-based, and trauma-informed approach draws on the notion of supporting the client emotionally, cognitively, and physically so that with time, the client has choices, skills, and strategies to become empowered in their own healing process.

Presentation | Surprise self-care activities for preventing vicarious trauma

Panel Summary

Panel Discussion | Overview of strategies to prevent child sexual abuse and sexual violence nationally and in Western Australia.

Since the Royal Commission into Institutional Responses to Child Sexual Abuse the Commonwealth and State Governments have been tasked with implementing many of the recommendations that resulted.

The first national strategy focused on preventing and responding to child sexual abuse has been developed and the design and implementation will be informed by victims and survivors and other experts, including through the National Strategy Advisory Group.

Panel members are represented on various committees responsible for implementation and will provide an overview of the work underway and planned and this will include information about Indigenous Healing Services and creating cultural safety.

Panel Speaker Profiles



Amanda Paton

Amanda Paton is an executive leader and Clinical Psychologist with over 18 years' experience specialising in child abuse, complex trauma, child sexual abuse, harmful sexual behaviours and child advocacy centre methodology and multidisciplinary team responses. She is the Deputy Director, Practice for the Australian Centre for Child Protection (ACCP) at the University of South Australia and oversees the WA Pursuit of Excellence in Responding to Child Abuse and Neglect, Solutions Project for Understanding and Responding to Harmful Sexual Behaviours within WA and SA, and the National Practice Standards for the Child Sexual Abuse Service Sector project, as well as several other research and policy projects across jurisdictions. She is also the Co-Chair of the National Clinical Reference Group appointed by the National Office for Child Safety. Within ACCP she is responsible for leading and overseeing the research, development, and implementation of evidence-based therapeutic models for responding to child abuse, neglect, trauma, and harmful sexual behaviours including the creation of a suite of Workforce Development trainings. She also provides policy consultancy and advice to the Department of Communities in WA on a range of key reform and policy areas associated with state and national priorities for improving responses for children who have experienced child sexual abuse including implementation of Royal Commission recommendations.



Kathy Pickett

Kathy Pickett is a proud Noongar Yok with family connections to the Yued, Ballardong, Whadjuk, Goring and Minang groups. Kathy identifies strongly with her mother's country, Yued where she continues to have a connection to land/country as often as she can. Kathy is a mother of three and a grandmother of eight and has three sisters.

Kathy worked for 20 years in the Kimberley region and learnt many skills by working in remote areas. Working in child sexual abuse, suicide and critical incidents and mental health gave Kathy an enriched experience of working with Aboriginal people.

The exposure of working on the ground with the community in child sexual abuse and suicide eventually exposed her to vicarious trauma and burnout. Kathy left the Kimberley region and commenced her Masters in Indigenous Therapies – Southern Cross University Lismore NSW, based on Professor Judy Atkinsons' We-Ali curriculum. Kathy has worked in women's prisons, SARC (Sexual Assault Resource Centre), schools and various other positions over the years and is currently working with Yorgum Healing Service as the Aboriginal Cultural Advisor sharing her experiences and knowledge with younger generations.

Panel Speaker Profiles



Alison Evans

Dr Alison Evans is the Director of Domestic, Family and Sexual Violence at the Centre for Women's Safety and Wellbeing. Prior to that she was the Executive Officer of the Women's Community Health Network WA. Alison has a deep commitment to, and substantive knowledge and experience in, the area of violence against women, including service provision, advocacy, policy, legislation, research, and practice development.

Alison is the Co-Chair of the Sexual Violence Expert Advisory Group; a Board member of the National Association of Services Against Sexual Violence; a member of the Sexual Violence Prevention and Response Strategy Reference Group; a member of the national Domestic, Family and Sexual Violence Working Group; and a member of the Sexual Assault Support Services Group.



Nicole Lambert

Nicole Lambert is the CEO of Allambee, the specialist Sexual Violence and Family and Domestic Violence support service in the Peel region which has a significant focus on primary prevention initiatives. She has lived and worked in the Peel region for the past 12 years, leading Allambee for the last 10 years.

As a Counselling Psychologist for over 20 years Nicci has worked across various specialist areas including sexual and family violence, child protection, alcohol and other drugs, mental health, and tertiary education. She is a committed advocate for sexual violence and family violence prevention and is active on a number of regional, state, and national boards and working groups. Nicci is currently Chairing the Reference Group for the development of Western Australia's inaugural Sexual Violence Prevention and Response Strategy.



Louise Lamont

Louise Lamont in the last 30 years has been an advocate voice at the table of many State and National committees addressing social justice challenges. Louise was recently appointed to the Advisory Group for the National Strategy to Prevent and Respond to Child Sexual Abuse, and the Reference Group for the WA Sexual Violence Prevention and Response Strategy. Louise is a longstanding member of the WACOSS Children's Policy Advisory Council.



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