

ISA Newsletter

VOLUME 1, ISSUE 2

JUNE 2011

The Incest Survivors Association (Inc)

Welcome

Time has moved so quickly, it seems impossible that it has been four months since our last newsletter. Many exciting things have happened, with the launch of our website, lots of work on our planning for the future, and our new group program about to commence shortly (see page 2 for details). The recently announced injection of funds into the community sector announced as part of the 2011 State Budget was a welcome initiative from the State Government, and will provide some relief from the ever-spiralling cost of providing vital services.

Many of you will have seen the "For Sale" sign on the building, and may have been concerned. We have been advised by the agent that the building has been sold and will settle in late June. However, we believe the purchaser is an investor, who is apparently interested in us continuing to remain here, so we do not anticipate any change of address at this stage.

Leone Shiels
ISA Coordinator

Planning Update

Following a consultation process, a draft of the ISA Strategic plan is now available at the ISA office for members and clients to view. The final plan will be published in our next newsletter. The new Plan continues the excellent work undertaken by ISA, and focuses on the priorities of organizational development and

sustainability, excellence of service, and development and enhancement of our community profile. Not enough people know about ISA, and we aim to change that!

If you would like to see a copy of the plan, please drop in to see us at ISA.

Inside this issue:

ISA launches new website	2
Group News	2
Staff News	2
Meet the Board	3
Like to help us raise awareness?	3
About ISA	4
Useful Resources	4

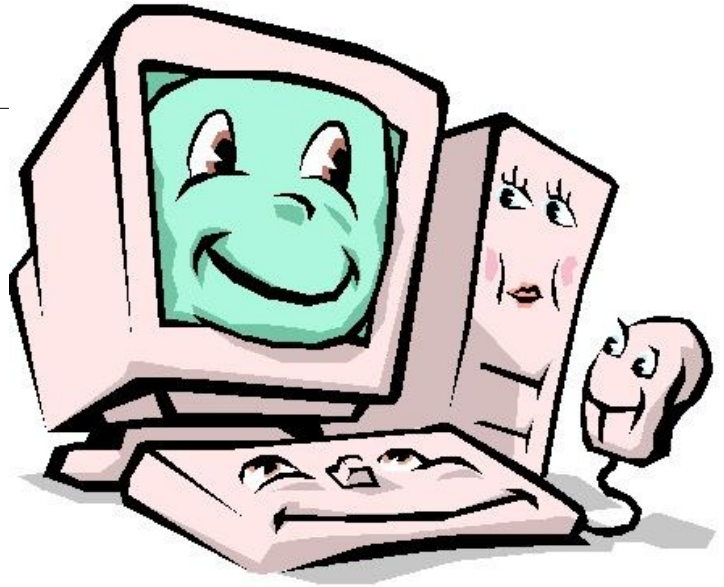


ISA Launches New Website

We are very excited to announce the launching of our new website. Still located at www.isa.asn.au, the website has many added features, including

- ◇ downloadable membership and referral forms,
- ◇ updated information on issues and resources for service users,
- ◇ information sheets for service providers,

all organised in an easy to find format.



Try us out at www.isa.asn.au

2011 Group Program

GROUP PROGRAMS ARE BACK AT ISA!!

Group planning is well underway, with the first of the new groups to start over the next few months. The initial group is targeted primarily at existing ISA clients to support and extend the work they are doing in their individual therapy. There will be both psycho-educational and bodywork

components aimed at skills and resilience building and empowerment. If you are not already registered for the initial group, you can still express interest to participate in groups later in the year. Call Anne, Alison or Jo for further information.

Staff News

ISA welcomes Alison Day back as our new Senior Counsellor. Alison was previously with us as a locum Counsellor, and now joins our permanent team. She comes to us with lots of skills and knowledge counselling people who have experienced severe trauma in their lives. Her previous work at ASeTTS (the Association for Services to Torture and Trauma Survivors Inc) brings us a wealth of knowledge of working with people from diverse cultural backgrounds. Alison

is available Mondays, Wednesdays and Thursdays.

Many of you may have already met Catherine, our Finance Officer, who is now also the front-desk face of ISA on Wednesdays. Catherine's additional duties ensure we can provide a full reception service to our clients Monday to Friday. Thanks, Catherine!

Meet the ISA Board.....

Anne Pekaar – Chairperson

Anne has been on the ISA Board since 1997 and Chairperson since 1999. Anne has a Diploma of Interior Design and now works in transportation and haulage. Anne's many years of service continue to provide essential continuity during a period of considerable change.

Angela Loxton – Deputy Chairperson

Angela was nominated onto the ISA Board in 2009. Angela holds a Masters in Human Services Counselling, Bachelor of Social Science and a Post Graduate Diploma in Remedial Education. Her experience in managing a range of services in both public and community sectors, and previous experience on other Not-for-Profit Boards bring a wealth of clinical and management expertise to the ISA Board.

Ron Mathieson - Treasurer

Ron was nominated to the ISA Board in 2010. He holds a Bachelor of Commerce and is a member of the Institute of Chartered Accountants, and has worked for a number of Not-for-Profit organisations in accounting roles. Ron's expertise and financial understanding of the Not-for-Profit sector are a valuable contribution to the effective running of the Board's operations.

Anne Nicholls – Secretary

Anne works part-time as a Psychologist with children and adults with Specific learning disabilities and is currently completing a Masters/Ph.D. in Clinical Neuropsychology. Anne has been on the ISA Board for 12 years.

Clare Robbins – Board member

Clare was nominated to the ISA Board in 2010. She has a BA (Hons) in Counselling from Surrey University in the UK and a Diploma in Psychodynamic Counselling from Chichester Counselling Services. She is a member of ACA and of PACAWA and an accredited member of the British Counselling & Psychotherapy Assn.

Cara Breuder – Board member

Cara has on the ISA Board since 2003, and has also previously held the roles of Vice President and Treasurer. Cara is a lawyer practicing in industrial relations law for the past 14 years, and her legal expertise is a valuable asset to ISA's operation.

Estelle Gom – Board member

Estelle was nominated to the ISA Board in 2010. She has held a number of community representative positions, and brings a rural and regional perspective to the Board's deliberations.



Board members at work

Like to help us raise awareness?

ISA is looking for volunteers who may be willing to tell their story in the media to raise awareness of the issues facing survivors of child sexual abuse. You can remain anonymous if you wish, or can be identified by first name only. We are deliberately not asking anyone directly, as we do

not want you to feel under the slightest pressure to participate. However, if you feel you are ready at this stage of your journey in healing, and would like to take part, please contact Leone at the ISA office.

Incest Survivors Association

21 Lacey St
East Perth WA 6004
Phone (08) 9227 8745
Fax (08) 92271510

Email:
For General Information: info@isa.asn.au
To contact a counsellor:
counsellor@isa.asn.au



.....because healing
isn't easy.

Donations of \$2 and over are
tax-deductible

WE'RE ON THE WEB!
VISIT US AT
WWW.ISA.ASN.AU

HEALING THE PAST.....

...is easier said than done.

Childhood abuse – you want to forget it! Sometimes, you don't even want to acknowledge it's happening or happened!

Survivors, friends of survivors and those affected by incest and childhood sexual abuse and trauma – we are here to help and support you.

Incest Survivors' Association (ISA) provides professional counselling and support services in a safe and confidential environment for adults and children from 8 years of age.

Please contact us on 9227-8745 or visit www.isa.asn.au

Useful Resources

Information about child sexual abuse

www.aifs.gov.au/nch Australian Institute of Family Studies. National Child Protection Clearinghouse. Information on child abuse and child protection

www.asca.org.au For survivors of childhood abuse. Information and other resources
www.childsafetyaustralia.com.au/community/child_abuse Information about child sexual abuse, signs of abuse, child protection

www.nswrapecrisis.com.au Information about sexual Violence/ Information for survivors of child sexual abuse

www.secasa.com.au Child sexual abuse impacts and other information

Some relevant WA Government Agencies

www.childprotection.wa.gov.au Department for Child Protection, WA

www.communities.wa.gov.au/childrenandfamilies/parentingwa Parenting support and information

www.legalaid.wa.gov.au For those seeking legal advice

Child protection on the internet

www.cybersmart.gov.au Information to manage internet safety

