

ISA Newsletter

VOLUME 1, ISSUE 1

FEBRUARY 2011

The Incest Survivors Association (Inc)

Welcome

Welcome to the new ISA Newsletter. We hope to keep you up to date with happenings at ISA, new services and opportunities that are available to you.

It's been a while since our last newsletter, so much has changed. This edition includes an introduction to our new staff.

There's also been a number of changes to the ISA premises. Thanks to the generosity of Lotterywest, ISA staff now have a new computer system, which is making our lives much easier!! Our reception area has also been updated, with new furniture providing a fresh look and much greater space to move.

Coming soon is our 'new look', updated website at www.isa.asn.au, with new information, regularly updated news about services, and publications (including this newsletter).

This is your newsletter, so please let us know what you would like to have included. Any ideas can be forwarded to Lois, our newsletter editor, or myself, at the ISA office.

Leone Shiels
ISA Coordinator

Planning for the Future

ISA is currently undergoing a Strategic Planning Process which will guide how we deliver services in the future. We would love to hear from you, our members and clients, regarding what matters to you: things you would like to see continue, things you would like to see change, things we should be doing more often

and/or things we should be doing less. This is a great chance to have your say on the future directions of YOUR organization. Please address your feedback to Anne Pekaar, Board Chairperson, here at the ISA office.

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Thanks Lotterywest!

We were very fortunate to receive a Lotterywest Grant which enabled us to upgrade both our computer system and our website. The new look website will be up and running in March, and will feature new and updated information and features, including direct email links to

counsellors and downloadable referral forms



2011 Group Program

GROUP PROGRAMS ARE COMING BACK TO ISA!!

For some time now, ISA clients have been requesting access to a range of group services, where they can meet people going through

similar issues and provide and receive support from one another. ISA is in the process of developing a range of groups, based on client requests, and it is anticipated that initial groups will commence in early April.

Your feedback is vital in designing the types of groups

that will most benefit you. If you have any ideas or suggestions, or would like to pre-register to be advised of group programs as they are developed, please contact Anne or Jo at the ISA office.

Library News

A number of new titles have found their way into the ISA Library, and provide a great source of information and inspiration, for ISA members. In future issues of the newsletter, we will be profiling and reviewing some of the most popular books, as well as new additions to the library.

All ISA members have **free** access to the library.



Meet the ISA Team.....

Anne Patrilla

Counsellor

Anne is an experienced therapist in the area of child abuse and neglect with adult survivors' of abuse. **Anne** joined the ISA team in December 2008, and is available for appointments Monday to Friday.

Josephina Moore

Counsellor

Jo has been employed at ISA since January 2010. She holds a Bachelor of Social Work and has trained in a variety of different counselling modalities. She has gained considerable experience working with individuals impacted by sexual abuse, assault and family violence. **Jo** is a qualified addictions counsellor, has completed the two year family and

relationships counselling course at William Street and is passionate about therapeutic group work. **Jo** is available for appointments Mondays, Tuesdays and Fridays.

Leone Shiels

Coordinator

Leone joined ISA in March 2010. **Leone** is a social worker who has worked for many years providing management consulting services to the not-for-profit sector, and as the Executive Director of ARAFMI, a not-for-profit agency supporting carers of people with a mental illness. **Leone's** role is to manage and support our counselling services to ensure that only the best quality services are available to our clients. If you have ideas, suggestions or concerns about ISA services, **Leone** is the person to contact.

Lois Lloyd

Office Manager

Lois is the reassuring presence for clients, the constant welcoming face at the front desk. Having commenced in September 1986, **Lois** will have completed 25 years of service at ISA this year. **Lois'** position is wide-ranging; secretarial / admin / clerical / plus client support & liaison. **Lois** is the first point of contact for clients – a welcoming face at what is often a very stressful time.

Catherine Cirocco

Bookkeeper

Catherine has been with ISA since February 2010, and her cheerful presence keeps the back-office ticking along. **Catherine** also keeps the front desk running on Wednesdays.

Reception gets a makeover

Our reception area has had a much overdue makeover. Our new furniture provides a much more welcoming environment, and provides space for clients to sit in comfort while waiting for their appointments. **Lois** has stoically put up with overcrowded furniture falling apart and outdated equipment for years, so it's great to see her in her new comfortable environment!



Incest Survivors Association

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Fax (08) 92271510

Email:
For General Information: info@isa.asn.au
To contact a counsellor:
counsellor@isa.asn.au



.....because healing
isn't easy.

Donations of \$2 and over are
tax-deductible

WE'RE ON THE WEB!
VISIT US AT
WWW.ISA.ASN.AU

HEALING THE PAST.....

...is easier said than done.

Childhood abuse – you want to forget it! Sometimes, you don't even want to acknowledge it's happening or happened!

Survivors, friends of survivors and those affected by incest and childhood sexual abuse and trauma – we are here to help and support you.

Incest Survivors' Association (ISA) provides professional counselling and support services in a safe and confidential environment for adults and children from 8 years of age.

Please contact us on 9227-8745 or visit www.isa.asn.au

Useful Resources

Information about child sexual abuse

www.aifs.gov.au/nch Australian Institute of Family Studies. National Child Protection Clearinghouse. Information on child abuse and child protection

www.asca.org.au For survivors of childhood abuse. Information and other resources

www.childsafetyaustralia.com.au/community/child_abuse Information about child sexual abuse, signs of abuse, child protection

www.nswrapecrisis.com.au Information about sexual Violence/ Information for survivors of child sexual abuse

www.secasa.com.au Child sexual abuse impacts and other information

Some relevant WA Government Agencies

www.childprotection.wa.gov.au Department for Child Protection, WA

www.communities.wa.gov.au/childrenandfamilies/parentingwa Parenting support and information

www.legallaid.wa.gov.au For those seeking legal advice

Child protection on the internet

www.cybersmart.gov.au Information to manage internet safety

