

# ISA NEWSLETTER

VOLUME 4, ISSUE 2

AUGUST 2014

The Incest Survivors Association (Inc.)

## From the Executive Officer

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*Our Annual General Meeting fast approaching - now is the time to put it in your diary, and come along and meet fellow members, quiz the Board on the latest updates and service developments, and have your say on ISA's new name and branding.*

*ISA continues to grow, and to develop partnerships and networks.*

*We are delighted to be participants in the new Family Support Hub in Mirrabooka. Funded by the Department for Child Protection and Family Support, lead agency MercyCare has put together a wonderful consortium of agencies to develop a fully integrated service for vulnerable families in the Mirrabooka area. This allows an additional pathway to ISA for potential clients, with more getting to hear about our services from other partner agencies, and it also allows us to refer into the network to access other family support services for our clients.*

*We have also been discussing the possibility of participating in a partnership with Fremantle Multicultural Centre to deliver counselling to clients from Culturally and Linguistically Diverse backgrounds. We have recently experienced an increase in clients from this background approaching*



**Date for your diary:  
ISA Annual  
General Meeting  
Wed October 22nd,  
2014**

*ISA for support, and it is great to have the opportunity to work with an agency with vast experience in this area.*

*Leone Shiels*

*Executive Officer*



## Board News

<b>Chairperson:</b>	<b>Angela Loxton</b>	<b>Board Members:</b>	<b>Anne Pekaar</b>
<b>Deputy Chairperson:</b>	<b>Jonathan Smith</b>		<b>Peter Curry</b>
<b>Treasurer:</b>	<b>Ron Mathieson</b>		<b>Andre De Barr</b>
<b>Secretary:</b>	<b>Heliyana Pereza</b>		<b>Cathy Gregory</b>
			<b>Dr Jacqui Joseph-Brown</b>
			<b>Julie Woodhouse</b>

## Profiles—New Board members

### Andre De Barr

Andre first migrated to Australia in 2004 and has enjoyed working in various roles in the security industry both in Perth and the Pilbara.

After leaving the Wheatstone Project contracted to Bechtel, Andre has embarked on a new venture starting a small business. He is currently an Ambassador for White Ribbon and is developing the first White Ribbon Ambassador Committee for WA.

Andre is the proud father of three children and enjoys reading, cooking, current affairs and Islamic culture.

### Julie Woodhouse

Julie Woodhouse is recognized as a leader in the field of education and holds a senior leadership position in the Department of Education. Her primary focus in education is building capacity to ensure that all students achieve, regardless of background factors or personal circumstance.

Julie has completed a Masters in Educational Management at the University of Western Australia. She also has training and accreditation in coaching and personal assessment profiling. Julie has taught at all levels and has been a deputy principal and principal in a number of primary schools. She has been an Area Director (Midlands District), District Director (Mid West District), Director Schools (Fremantle Peel District), Director School Review (Expert Review Group) and Assistant Regional Director (South Metropolitan Education Region).

Julie was involved in the comprehensive Literacy and Numeracy Review undertaken in Western Australia. Whilst

in the Mid West District Julie developed and implemented a 'Building Sustainable Leadership: A Coaching Model' cross district partnership with Esperance Education Districts. In 2008-2009 she assumed a key leadership role in harnessing the interactive and creative capability of secondary school leaders to develop, implement and embed a collaborative network to improve curriculum choice and student achievement.

Her commitment to and skill in building the capacity of others has resulted in her being invited to present to many forums including the Senior Women's Leadership Program. In 2009-2010 she conceptualized and implemented a highly successful district wide 'Women in Leadership' program.

Julie has been and continues to be a highly valued representative on a range of reference groups and working parties for the Department and outside agencies.

### Dr Jacqui Joseph-Bowen

Dr Jacqui Joseph-Bowen is Director of Archive International and has been an integrated Health Professional for 40 years. Initially graduating from Medical College overseas, she received her Masters in Addiction from Curtin University and a PhD in Medicine from UWA. Trained by Henri Rey, she is a practising mental health clinician. Jacqui brings with her a diverse wealth of experience in mental health, wellness motivation, compassionate listening, PTSD and suicide prevention. She was formerly the Executive Director of Allied Health in remote Queensland, Director of Health and Welfare for WA Police, Medical and Scientific Advisor to The Asthma Foundation. She has worked in providing key policy advice and support to State Government, Royal Flying Doctors, Defence Force and remote Aboriginal Communities.

## From the Chairperson

There have been many interesting developments at ISA during the previous three months which makes choosing a focus for this newsletter difficult.

At the end of March the Board at ISA increased its membership with the nomination of three new members. I wish to welcome again **Andre De Barr**, **Jacqui Joseph-Bowen** and **Julie Woodhouse**, all of whom come from diverse backgrounds and with a wealth of experience. Their contribution has already enlivened discussions and supported decision-making. It is a testament to the work ISA is involved in, that so many people are interested in contributing to its successful management. It is also wonderful that ISA now has a 'space problem' when the Board meets!

On behalf of the Board, I wish to thank **Jonathan Smith** and **Andre De Barr** for donating their time to pull together aspects of the Strategic Plan to concretely progress assessing ISA's branding requirements. This dynamic on-going issue may successfully reach a viable conclusion sooner as a result of everyone's dedication driven by the 'sub-committee'. I look forward to yet another stage of development!

There have been changes to the staff with **Rochelle** heading overseas. This means that another round of interviews for counselling positions are currently occurring. These dynamic changes add strength to the counselling team and variety for the clients who access ISA services. Thanks to all the staff who demonstrate acceptance of difference and capacity to adapt to change, providing excellent modelling for ISA clients.

**Leone's** consistent professional approach supports and holds ISA's high standing within the community non-profit sector. It was further a pleasure to work with **Jo Moore** during Leone's well-deserved break away. Through a difficult situation, Jo acquitted herself with professional assurance, transparency and efficiency. Thank you.

Thank you to all ISA staff and board members for their dedication and interest in ensuring ISA remains an exciting and interesting workplace.

*Angela Loxton*  
Chairperson

### *New volunteer adds bloom to roses*

*ISA is delighted to welcome Fiona, our new volunteer. Fiona's green fingers will be keeping us weed-free and our roses blooming. She will also be helping us around the office with the many tasks at hand.*

*Thanks, Fiona, for your contributions— efforts like this help us to provide the best possible service.*







I.S.A.

Help us to help others



Would you like to support other survivors  
through your creativity?

ISA invites all survivors to share any poems or artwork related to their history of childhood sexual abuse to be used on our website and client handbook.

Please submit all poems or artworks to your counsellor or speak with Lois for more details on 9443 1910



(please note, not all submissions will be used, however all submissions will be greatly appreciated)



# Family & Friends Support Groups

ISA would like to invite you to attend our support groups for  
family & friends of survivors of childhood sexual abuse.

- ♦ Meet & connect with others who understand
- ♦ Learn about the impacts of childhood sexual abuse
- ♦ Learn how you can better support your family, your friends & yourself

Contact us for more information at:  
[counsellor@isa.asn.au](mailto:counsellor@isa.asn.au) or calling 9443-1910.

## Incest Survivors Association

404 Walcott St  
Coolbinia WA 6050  
Phone (08) 9443 1910  
Fax (08) 9227-1510

### Email:

For General Information:  
[info@isa.asn.au](mailto:info@isa.asn.au)

To contact a counsellor:  
[counsellor@isa.asn.au](mailto:counsellor@isa.asn.au)

**Donations of \$2 and over  
are tax-deductible**

**WE'RE ON THE  
WEB!**

**VISIT US AT  
[WWW.ISA.ASN.AU](http://WWW.ISA.ASN.AU)**

## Have you or someone close to you been affected by child sexual abuse?

Do you struggle to move on no  
matter how much you want to  
forget?

Do you need someone to talk to?

## Reaching out can be difficult.

The counsellors at ISA can help.  
We provide trauma focussed,  
professional counselling and  
support services in a safe and  
confidential environment for adults  
and children from 8 years of age  
who have been affected by incest  
and child sexual abuse.

Please contact us on 9443 1910 or  
visit [www.isa.asn.au](http://www.isa.asn.au)

## Useful Resources

### Information about child sexual abuse

[www.aifs.gov.au/nch](http://www.aifs.gov.au/nch) Australian Institute of Family Studies. National Child Protection Clearinghouse. Information on child abuse and child protection

[www.asca.org.au](http://www.asca.org.au) For survivors of childhood abuse. Information and other resources

[www.childsafetyaustralia.com.au/community/child\\_abuse](http://www.childsafetyaustralia.com.au/community/child_abuse)  
Information about child sexual abuse, signs of abuse, child protection

[www.nswrapecrisis.com.au](http://www.nswrapecrisis.com.au) Information about sexual violence/ Information for survivors of child sexual abuse

[www.secasa.com.au](http://www.secasa.com.au) Child sexual abuse impacts and other information



### Some relevant WA Government Agencies

[www.childprotection.wa.gov.au](http://www.childprotection.wa.gov.au) Department for Child Protection, WA

[www.communities.wa.gov.au/childrenandfamilies/parentingwa](http://www.communities.wa.gov.au/childrenandfamilies/parentingwa) Parenting support and information

[www.legalaid.wa.gov.au](http://www.legalaid.wa.gov.au) For those seeking legal advice

### Child protection on the internet

[www.cybersmart.gov.au](http://www.cybersmart.gov.au) Information to manage internet safety