



Incest Survivor's Association (Inc.)



**ANNUAL REPORT
FOR THE YEAR ENDED
30TH JUNE 2014**



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Our Purpose

ISA is an independent, stand alone, specialist organisation. We provide therapeutic services to people who have experienced intra-familial and/or extra-familial childhood sexual abuse. ISA advocates for increased understanding of the impact of child sexual abuse on individuals, families and the whole community.

Our Values

ISA:

- adheres to professional and ethical standards in all of its practices;
- recognises the intrinsic worth and uniqueness of each client and individualises services to respond to their needs;
- understands and respects the importance of safety and emotional security to those who use its services;
- is non-judgmental and discreet; and
- fosters self-determination.



2013/14

Board of Management

Chairperson:	Angela Loxton
Deputy Chairperson:	Jonathan Smith
Secretary	Heliyana Perez
Treasurer:	Ron Mathieson
Board Members:	Peter Curry Andre De Barr (from March 2014) Cathy Gregory Dr Jacqui Joseph-Bowen (from March 2014) Anne Pekaar Julie Woodhouse (from March 2014)

Staff

Executive Officer:	Leone Shiels
Office Manager:	Lois Lloyd
Finance Officer:	Catherine Cirocco
Counsellors:	Scott Brandreth (from December 2013) Alison Day (to October 2013) Jan Kinghorn (from November 2013) Jo Moore Rochelle Watts (to May 2014)

Chairperson's Report

Angela Loxton, Chairperson

The 2013-2014 year at ISA has proved interesting, varied and dynamic.

As a consequence of the changes to the constitution at last year's AGM, the number of ordinary board members was expanded from three to six, and the Board was delighted to welcome three new members this year. This enriched discussions and decision-making is a testament to the diverse experience, opinions and professionalism of each Board member whose dedication to ISA enhances and supports quality interventions to our clients. It is a privilege to chair this committed, hard-working, collegial, congenial, focused board. Specific thanks go to the office bearers who attend unfailingly to their commitments. Thank you all.

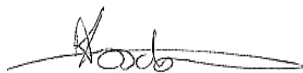
Board members and all of ISA personnel worked energetically to contribute to the latest Strategic Plan, with Board members remarking on the dedication and professional approach of the staff.

The way ahead for ISA is challenging, and requires dedication to ensure its vibrancy and growth continues to enhance its unique services to the community.

On behalf of the Board, I thank the staff for their ongoing striving for excellence. I wish to specifically acknowledge the stability and vision that Leone Shiels brings to the organisation. Thank you Leone, for your energy in acquitting your position as Executive Officer, upholding ISA's values and sustaining balance and well-ness.

This year, the relaxed and comfortable environment in Nancy Rehfeldt House welcomed an increased number of clients accessing our valued service. The staff's professionalism is much appreciated by clients. Additionally, staff acquitted themselves well on ISA's behalf by offering regular well-received presentations in the community. These activities contributed to ISA's recognition of being the expert in offering valuable interventions in the area of child sexual abuse counselling.

Finally, I wish to thank all ISA staff and Board Members for their dedication and professional interest in ensuring ISA remains an exciting, viable and respected workplace. I look forward to another interesting year ahead.



Angela Loxton
Chairperson

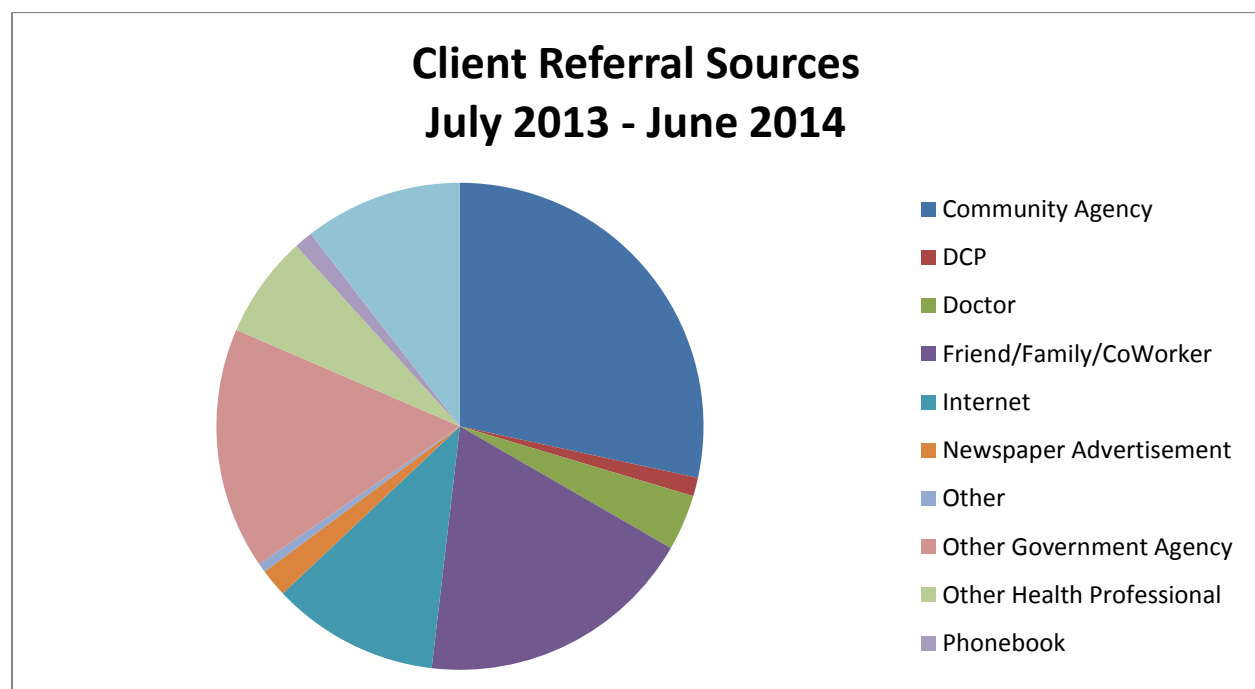
Services Report

Leone Shiels, Executive Officer

ISA has continued to build on the successes of 2012/13. This year was one of steady consolidation and growth, with services established in the previous year being bedded down and further enhanced.

Counselling Services

There has been continuing increasing numbers of new referrals to the service, reflecting ISA's heightened profile among other service providers and increasing use of our website. In particular, targeted service promotion to agencies working in the education, mental health and substance abuse areas resulted in heightened understanding of the impact and implications of child sexual abuse, and consequent increases in cross-referrals.



The increasing level of referrals has resulted in a 30% increase in new clients for our counselling service when compared with the previous year, (which was also a record year), with the majority of new clients referred being from government and community services.

This increase presents significant challenges for ongoing service delivery, particularly for our Rockingham service. Demand for services exceeded availability during busy periods last year, and a waiting list was temporarily instituted.

In addition, an increasing number of clients are presenting with a higher and more intensive support needs in the initial stages of counselling. This has required the enhancement of our client risk management policies and processes.

Client Services					
Financial Year		2010/11	2011/12	2012/13	2013/14
Counselling Sessions	Individual/Couple/Family	721	596	707	797
	Group				13
	Total	721	596	707	822*
New clients	First time	55	45	63	82
	Re-presenting	11	11	15	14
	Total	66	56	75	96
Total Clients		119	135	132	162

* Group sessions: Therapeutic are double sessions – psycho-educational are single sessions

Last minute cancellations and no-shows for counselling sessions remain an ongoing problem, and present a significant challenge to service planning as service availability tightens.

In July 2013, ISA successfully re-introduced the psychotherapeutic group program, with a series of groups targeted at adult female survivors. Ongoing demand for these group services remains high, but we have had to limit the availability of sessions due to limited staffing. This remains an ongoing issue, and is likely to worsen as the Federal Royal Commission raises the profile of childhood sexual abuse and encourages more people to come forward and seek help.

During this year, ISA has also introduced psycho-educational groups for family members and friends. These groups teach strategies to support childhood sexual abuse survivors when they are experiencing the symptoms associated with the abuse, including flashbacks, thoughts of self-harm, etc.

New Services

During this financial year, ISA has been able to establish a service for clients who wish to see a male counsellor. This was a timely initiative in the light of the Royal Commission and the increasing number of male survivors coming forward.

In the past it has been very difficult to provide a male counsellor, as the majority of our clients specifically request female counsellors, and it was difficult therefore to sustain the role. However, for a small number of clients who prefer a male counsellor, ISA is delighted to now be able to fulfil this need. We are still scoping the extent of this demand and are also in the process of developing male survivor groups, which we hope to commence in the next year.

Education and Training

ISA has been receiving increased requests for targeted professional development for other service providers, particularly around disclosure issues. Due to the size of our service, we have been only able to respond to these requests in a limited capacity.

During the past year, ISA has provided twenty training sessions to a range of service providers, including government and non-government agencies, on the impact of childhood sexual abuse on survivors, and strategies to support survivors when they disclose.

Partnerships

The outreach service at Rockingham remains an important point of access for clients in the lower South Metropolitan area, and our partnership with South Coastal Women's Health Service has proved of immense value to both services. This service is now operating two days per week, and is usually fully booked. We hope to extend this service further in the next year.

ISA has also continued to build a successful partnership with indigenous service providers in the Rockingham area, which has included supporting clients through the legal process associated with child sexual abuse. This work appears to be having an effective flow-on through the indigenous community.

In addition ISA has become a partner in the DCPFS-funded Mirrabooka Family Support Network and is working with lead agency Mercycare to streamline services to child sexual abuse survivors in the Mirrabooka district area. This timely innovation will increase collaboration between local services and allow greater access to a range of services. This is particularly important given the diverse multicultural nature of the community in the Mirrabooka area.

Staff

None of this work would have been possible without the energy, enthusiasm and professionalism of our amazing staff. They meet the challenges of our work with drive and commitment, and embody the essence of our values. I would particularly like to thank Jo, who stepped up to the plate to act as Executive Officer during my leave, and who dealt with the stress and challenges of the work with professionalism and aplomb.

Leone Shiels
Executive Officer

Financial Reports



Treasurer's Report

Ron Mathieson - Treasurer

Excellent financial management and budget control resulted in an overall surplus for the year of \$15,356 (2013:\$7,911).

Total income for the year increased by \$16,626 relative to the previous year. This was mainly due to an increase in DCPFS funding of \$11,836, and an increase in counselling fees of \$2,897. Costs were well contained with total expenditure increasing by \$9,180 relative to the previous year. The largest increase in expenditure was wages which increased by \$36,082. This increase was however mainly offset by decreases in other expenses.

Income and expenditure from DCPFS funded activities only resulted in a surplus of \$17,217 (2013: \$17,253).

The Association ended the year in a very strong financial position with total cash funds available of approximately \$133k (2013:\$96k) and net assets of approximately \$898k (2013: \$882k).

Ron Mathieson
Treasurer

Audit Report

Auditors Certification of Statement of Receipts and Payments For the Year Ending 30 June 2014

Incest Survivors Association Inc. Audit Report

Scope

I have audited the financial statements for the financial year ended 30th June 2014 of *Incest Survivors Association Inc.* Which is responsible for the preparation and presentation of the financial statements. I have conducted an independent audit of these financial statements in order to express an opinion on them to the *Incest Survivors Association Inc.*

My audit has been conducted in accordance with Australian Auditing Standards to provide reasonable assurance whether the financial statements are free of material misstatement. My procedures included examination on a test basis, of evidence supporting the amounts and other disclosures in the financial statements, and the evaluation of accounting policies and significant accounting estimates. These procedures have been undertaken to form an opinion as to whether, in all material respects, the financial statements are presented fairly in accordance with Accounting Standards and other mandatory professional reporting requirements (Urgent Issues Group Consensus Views) so as to present a view which is consistent with our understanding of the business's financial position, the result of its operations and its cash flows.

The audit opinion expressed in this report has been formed on the above basis.

Audit Opinion

In my opinion, the financial statements present fairly in accordance with applicable Accounting Standards and other mandatory professional reporting requirements (Urgent Issues Group Consensus Views) the financial position of the *Incest Survivors Association Inc.*, as at the 30th June 2014 and the results of its operations and cash flows for the year ended.



Keith Holmes
Institute of Public Accountants

30 September 2014

INCEST SURVIVORS ASSOCIATION (INC)

BALANCE SHEET

As at 30 June 2014

Assets	2014	2013
Current Assets		
Commonwealth Cheque Account	\$2,605	\$13,124
Cash on Hand	\$50	\$50
Petty Cash	\$200	\$200
Debit Card Account	\$943	\$1,014
On Line Saver Account - CBA	\$128,786	\$82,364
Un-deposited Funds	\$260	\$0
Debtors	\$2	\$0
Prepaid Insurance - W/Comp	\$7,409	\$6,685
Prepaid Insurance -Business Pack	\$1,351	\$1,305
Prepaid Insurance-Management Liability	\$1,055	\$1,055
Prepaid Insurance-Medical Malpractice (PI)	\$1,721	\$1,674
Prepaid Insurance-Voluntary Workers	\$444	\$0
Total Current Assets	\$144,826	\$107,471
Non-Current Assets		
Computers at cost	\$19,064	\$19,064
Accumulated Depreciation - Computers	\$16,357	-\$14,806
Furniture & Equipment at Cost	\$43,549	\$43,549
Accumulated Depreciation - Furniture & Equipment	\$41,237	-\$39,700
Land & Buildings- 404 Walcott St	\$710,000	\$710,000
Accumulated Depreciation - Land & Buildings	\$16,068	-\$8,437
404 Renovation	\$75,694	\$75,694
Accumulated Depreciation - Renovation	\$2,998	-\$1,514
404 Fixtures & Fittings	\$23,141	\$23,141
Accumulated Depreciation - Fixtures & Fittings	\$4,493	-\$2,219
Total Non-Current Assets	\$790,295	\$804,772
Total Assets	\$935,121	\$912,242
Liabilities		
Current Liabilities		
DCPFS Grant in Advance	\$0	\$0
GST Collected on Sales	\$11	\$24
GST Paid on Purchases	-\$1,244	-\$2,207
Superannuation Payable	\$2,330	\$1,598
Super - Employee Extra	\$0	\$300
Super - Salary Sacrifice	\$1,359	\$0
Provision for Group Tax	\$8,170	\$5,212
Provision for Annual Leave	\$15,411	\$14,998
Total Current Liabilities	\$26,038	\$19,925
Non-Current Liabilities		
Provision for Long Service Leave	\$11,388	\$9,980
Total Non-Current Liabilities	\$11,388	\$9,980
Total Liabilities	\$37,427	\$29,905
Net Assets	\$897,694	\$882,338
Accumulated Funds		
Balance at 1st July	\$882,338	\$874,427
Current Year Surplus/Deficit	\$15,356	\$7,911
Total Accumulated Funds	\$897,694	\$882,338

INCEST SURVIVORS ASSOCIATION (INC)
STATEMENT OF INCOME AND EXPENDITURE
for the period ended 30th June 2014

	Note	2014	2013
Income			
Counselling Fees		\$20,466	\$17,569
DCD Programme Funds	7	\$349,996	\$338,160
Lotteries Commission Grant		0	0
Donations		\$160	\$320
Therapy Group Fees		\$660	\$109
Interest Receivable		\$3,727	\$4,405
Members' Subscriptions		\$1,027	\$1,291
BG Journal Income		\$0	\$27
Educational Presentations & Reports		\$773	\$745
Other Income	9	\$6,266	\$3,823
Total Income		\$383,075	\$366,449
Expenses			
Advertising		\$595	\$2,744
Audit Fees		\$500	\$4,480
Bank Charges		\$382	\$365
Board Expenses		\$733	\$3,187
Computer/Internet Expenses		\$6,520	\$10,233
Depreciation	2, 3, 4	\$14,477	\$16,692
Equipment	2	\$3,558	\$0
Insurances		\$17,538	\$17,056
Library		\$48	\$95
Memberships/Subscriptions		\$184	\$247
Office Amenities & Gen Expenses		\$2,175	\$3,481
Police Clearance/WWC Check		\$144	\$241
Postage		\$291	\$587
Printing & Stationary		\$3,381	\$3,737
Provision for Annual Leave	5	\$413	\$6,200
Provision for Long Service Leave	5	\$1,408	\$2,296
Relocation Expenses		\$0	\$2,857
Rent & Outgoings		\$0	\$8,516
Building & Gardening Maintenance		\$2,553	\$5,555
Rockingham		\$6,083	\$5,827
Security		\$402	\$886
Staff Amenities		\$427	\$513
Superannuation		\$24,448	\$20,446
Supervision		\$5,248	\$5,142
Telephone		\$5,584	\$4,160
Therapy Group Expenses		\$314	\$189
Travel/Parking		\$474	\$803
Training & Development		\$2,435	\$1,978
Utilities		\$3,527	\$2,227
Wages & Contract Expense		\$263,880	\$227,798
Total Expenses		\$367,719	\$358,539
Net Surplus / (Deficit)		\$15,356	\$7,911

INCEST SURVIVORS ASSOCIATION (INC)
STATEMENT OF INCOME AND EXPENDITURE
For Department for Child Protection Funded Services Only

for the period ended 30th June 2014

	2014	2013
Income		
DCD Programme Funds	\$349,996	\$338,160
Counselling Fees	\$20,466	\$17,569
Total Income	<u>\$370,462</u>	<u>\$355,729</u>
Expenses		
Advertising	\$595	\$2,744
Audit Fees	\$500	\$4,480
Bank Charges	\$382	\$365
Board Expenses	\$733	\$3,187
Computer Expenses	\$6,520	\$10,233
Equipment	\$3,558	\$0
Insurances	\$17,538	\$17,056
Library	\$48	\$95
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Building & Gardening Maintenance	\$2,553	\$5,555
Rockingham	\$6,083	\$5,827
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Staff Amenities	\$427	\$0
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Supervision	\$5,248	\$5,142
Telephone	\$5,584	\$4,160
Therapy Group Expenses	\$314	\$189
Travel/Parking	\$474	\$803
Training & Business Planning	\$2,435	\$1,978
Utilities	\$3,527	\$2,227
Wages & Contract Expense	\$263,880	\$227,798
Total Expenses	<u>\$353,245</u>	<u>\$338,476</u>
Net Surplus / (Deficit)	\$17,217	\$17,253

INCEST SURVIVORS' ASSOCIATION (INC)
Notes to and forming part of the Accounts
For the period ended 30th June 2014

Note 1: Basis of Accounting

The statements have been prepared on an accrual basis. They are based on historical cost and do not take into account changing money values nor, except where stated, current valuations of non-current assets.

Note 2: Office Furniture and Equipment

The Association expends all furniture, fittings and equipment with a cost price of \$5,000 or less in the year of purchase. All other purchases of furniture and equipment are depreciated using the diminishing value method. All items with a closing written down value of less than \$1,000 will be fully depreciated in that year. The Association is a not-for-profit entity and is, therefore, not required to revalue items of property, plant and equipment.

Note 3: Computer Equipment

Computer equipment purchased before 1st July 2012 is being depreciated using the diminishing value method at the rate of 40%. Computer equipment purchased after the 1st July 2012 will be depreciated on a straight line basis over a period of four years.

Note 4: Fixtures and Fittings

Fixtures and Fittings will be depreciated on a straight line basis over a period of ten years.

Note 5: Leave Entitlement

A liability for *Annual Leave* is recognized and is measured as the amount unpaid at the balance date at current rates of pay in respect to employees' services to that date.

No material liability exists for *Sick Leave*

A liability for *long service leave* is recognized and the Association has based the provision on remuneration rates current as at balance date. The board believes that this method provides an estimate of liability that is not materially different from that which would be obtained by using the present value basis of measurement.

Note 6: Income Tax.

The Association is exempt from Income Tax under section 23(e) of the Income Tax Assessment Act (1936)

Note 7: Department for Child Protection Grant

Currently, the Incest Survivors' Association is funded by the Department for Child Protection, to provide a Centre - based service in the Perth Metropolitan area to individuals and families who have experienced intra-familial child sexual abuse.

Note 8: Remuneration of Board Members.

Members of the Board are prohibited from receiving remuneration for any services rendered to the Association.

Note 9: Other income.

An insurance claim was made during the year for a workers compensation injury. Receipt of this claim was included in 'Other Income' and expenses related to the claim allocated to the relevant expense accounts.



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