



Incest Survivor's Association (Inc.)



**ANNUAL REPORT
FOR THE YEAR ENDED
30TH JUNE 2013**



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Our Purpose

ISA is an independent, stand alone, specialist organisation. We provide therapeutic services to people who have experienced intra-familial and/or extra-familial childhood sexual abuse. ISA advocates for increased understanding of the impact of child sexual abuse on individuals, families and the whole community.



Our Values

ISA:

- adheres to professional and ethical standards in all of its practices;
- recognises the intrinsic worth and uniqueness of each client and individualises services to respond to their needs;
- understands and respects the importance of safety and emotional security to those who use its services;
- is non-judgmental and discreet; and
- fosters self-determination.



2012/13

Board of Management

Chairperson:	Anne Pekaar
Deputy Chairperson:	Angela Loxton
Secretary	Ali White (to October 2012) Heliyana Pereza
Treasurer:	Ron Mathieson
Board Members:	Estelle Gom (to October 2012) Cathy Gregory Jonathan Smith (from October 2012) Ann EllisYoung (to June 2012)

Staff

Coordinator:	Leone Shiels
Office Manager:	Lois Lloyd
Finance Officer:	Catherine Cirocco
Counsellors:	Alison Day Jo Moore Philip Hendry (to August 2012) Rochelle Watts (from October 2012)

Volunteers	Dawn Keeligan Danica Fuller
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Donations, Sponsorship and Grants



The Incest Survivors' Association would like to acknowledge the generous support of Lotterywest through a grant to assist us to purchase our new premises at 404 Walcott St, Coolbinia.

We would also like to acknowledge the generous support of organizations whose donations have assisted us to renovate our property.



Galvins Plumbing Supplies



Chairperson's Report

Angela Loxton, A/Chairperson

Child Protection Minister Robyn McSweeney meets Nancy Rehfeldt at the Open day



Dear Members of the Board, Members and all staff at ISA

This year has been a very full and ever-changing one.

ISA's purchased and moved to Walcott Street makes me reflect on the long journey for the organisation to get there. I wish to acknowledge my fellow Board members whose foresight and ability to make the big decision was augmented with Leone's unwavering enthusiasm despite many obstacles, to achieve the goal of purchasing a permanent home for ISA. It is with pride that we eventually moved into the refurbished premises on 29th October 2012. I thank all the staff for their team effort and everyone else involved in making the move appear seamless. Despite initial practical difficulties, the staff ensured that business proceeded as usual and that clients continued to receive a high quality therapeutic service. ISA staff have repeatedly received positive comments from clients and visitors alike regarding the pleasant and inviting warmth of the premises. The capacity for ISA to further develop its premises provides exciting options for future consideration.

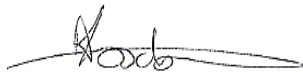
ISA planned an Open Day inviting some 192 members of organisations and individuals to celebrate on 6th February 2013. Of significance in the morning was the unveiling of a plaque to commemorate the founder of ISA, Nancy Rehfeldt, with the premises now named Nancy Rehfeldt House. It was a great honour to have Nancy herself attend, unveil and witness how far the organisation has developed since her unerring dedication to the services ISA offers. I wish to further thank several dignitaries for attending including Robyn McSweeney, Minister for Child Protection; Michelle Scott, Commissioner for Children & Young People; Michael Sutherland, Member for Mount Lawley; Kathryn Wild, Contract Manager for Dept. of Child Protection and Jo Wilkie, Grants Manager, Lotterywest. ISA further received a letter of congratulations from the then Prime Minister, Julia Gillard (see page 7). I further wish to note that the presence of the previous owners whose enthusiasm for how the property had been transformed was touching. In the afternoon staff provided information sessions to various organizations, with a tour of the premises included, and this has resulted in greater networking and collaborative on-going work.

Another major change is that Anne Pekaar, Chairperson from 1999, resigned from this position but remains as an ordinary Board member. I wish to honour her commitment and enduring faith in ISA over this very long period of time and thank her from all past, present and future clients who benefitted from her unerring willingness and dedication to ensure ISA viability. Her unwavering enthusiasm for ISA and her capacity to provide historical information afforded new Board members and staff with continuity, motivating enhanced commitment. On behalf of all at ISA, we thank you Anne, for your dedication. Enjoy Dongara life!

I wish to thank my fellow Board members whose dedication and enthusiasm for ISA keeps us all focused. A large portion of ISA's current Strategic Plan was completed one year early! As such, further strategic planning meetings were held with staff participating fully in the process. The new Strategic Plan will be completed in the ensuing months and work to achieve the objectives will commence. Similarly, ISA's amended Constitution has been lodged, allowing us to now have proxy voting at General Meetings.

ISA would not be a respected organisation without the staff's professional approach to their work. On behalf of the Board I wish to thank all the staff, whose team effort is professionally guided by Leone Shiels' fair and efficient management.

Finally, I find myself acting in the position of Chairperson stepping up when Anne Pekaar resigned. I have big shoes to fill! I look forward to working diligently with the other Board members to ensure ISA's stability and future.



Angela Loxton
Acting Chairperson



PRIME MINISTER
CANBERRA

MESSAGE FROM PRIME MINISTER JULIA GILLARD

INCEST SURVIVORS ASSOCIATION
OPENING OF NEW BUILDING, PERTH

As the members and supporters of the Incest Survivors Association gather for the opening of this new building in Perth, I want to assure you of my solidarity and support.

Fittingly, the building will carry the name of Nancy Rehfeldt, one of your Association's founders and a woman of true courage who has done so much to ensure the voices of incest victims are heard.

Like child sexual abuse in our institutions, incest is an insidious crime with complex and far-reaching effects on its victims and their families. In truth, the legacy of trauma can probably never be fully overcome.

But at least by sharing their stories and making our nation aware, the survivors can help prevent others from undergoing this dreadful betrayal and ensure accountability for those who have inflicted such suffering.

To all of you, and especially to Nancy, go my best wishes and my sincere thanks for all your remarkable work.

I trust that this new building will help strengthen your quest to bring healing and justice to those who have suffered such unspeakable hurt.

My thoughts are with you today and in all the challenges ahead.



The Honourable Julia Gillard MP
Prime Minister of Australia

*The Prime Minister's message
of encouragement*

Services Report

Leone Shiels, Coordinator

The last year has been one of major change, with many milestones achieved. ISA has begun a new era, moving in to our own premises. Finally owning the Centre we operate from means that we have security of tenure and can develop services with a greater level of certainty about future resourcing.

Official Opening

ISA officially opened the doors to our new premises at Walcott St on the 6th of February 2013. Festivities began with a plaque unveiling ceremony for our newly named premises, *Nancy Rehfeldt House*, by ISA's founder Nancy Rehfeldt. The Board felt this recognition was very appropriate in recognition of her significant contribution in supporting survivors of incest and childhood sexual abuse and her pivotal role in the establishment of ISA. Members of Nancy's family attended, some who had flown from the Eastern States to have the opportunity of seeing Nancy's work publicly recognised. In addition, we were happy to see in attendance members of the Prior family (the original owners), who had spent their childhoods at 404 Walcott Street and shared with us memories of a warm family home. It was a special moment, seeing them tour the refurbished premises with their families and recalling stories from their past. It was great to hear how proud they were that ISA was here, carrying forward this warmth that has made 404 such a welcoming place for counselling clients.



We could not have made this happen without the wonderful support of our sponsors and donors. Very special thanks go to **Lotterywest** for their generous donation that made our dreams a reality. Thanks also to our other donors, **Galvins Plumbing** and **Matera Waste Management**, who donated goods and services to the project. Thanks also to **Murdoch Women's Collective**, who donated resources for the children's area. Special thanks also go to those who shared the journey with us, during all the challenges and frustrations—the original owners the Prior family, the supportive councilors and staff at the City of Stirling, the real estate agents, our builders and tradies. Our real estate agent became so interested in our work that she became a member of ISA and now sits on the Board – welcome, Heliyana!

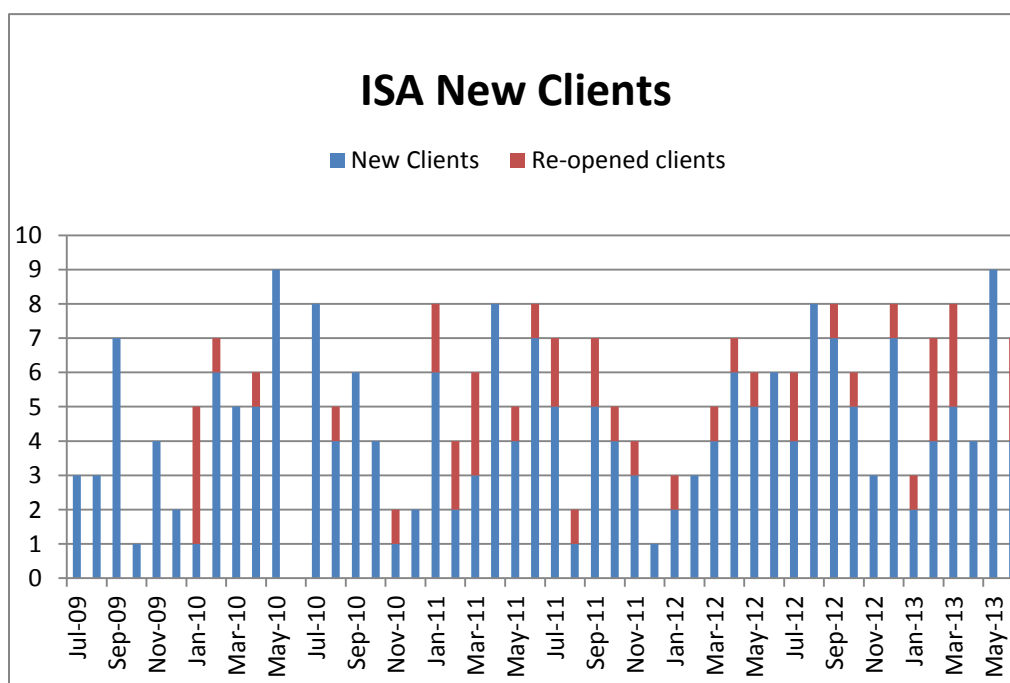
Most especially, I would like to thank our long-suffering staff — Lois, who discovered Project Management skills she didn't know she possessed; our counsellors, who had to maintain their usual

standard of excellence in very trying circumstances and with a minimum of admin backup; and Catherine, our finance officer, who shoe-horned excellent project budgeting in with her other multiple tasks.

Service Delivery

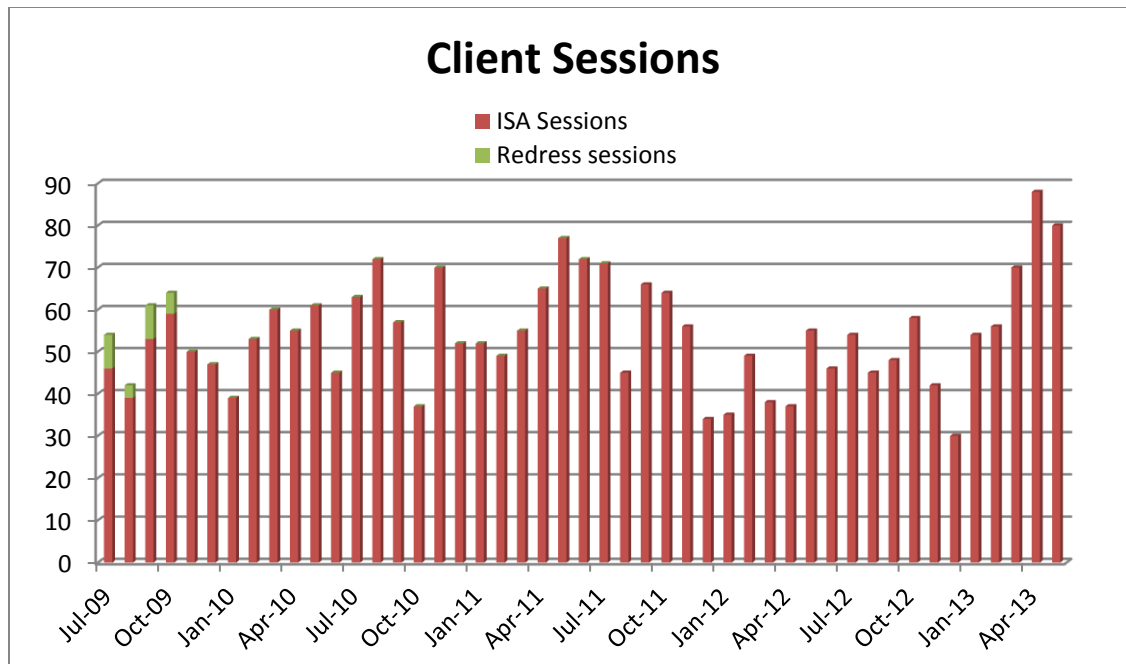
The growing profile of child sexual abuse in the media has seen many people seeking support for the first time. This increased publicity has been an important step in allowing many people to realize that it is not their fault, they have nothing to be ashamed about — and that they are not alone.

It is encouraging to note that increasing numbers of people are finding their way to ISA, getting the support they need as they face the challenges of living with the effects of child sexual abuse. ISA has seen a significant increase in people being referred, either through clients finding us on the web, through publicity, or by referral from other agencies who are becoming more aware of our services and the role we can play in supporting survivors of child sexual abuse.



Overall, we have seen a 40% increase in new clients over the previous financial year, this being the highest number of new clients in any one year for the past five years. This has provided significant challenges for staff, as ISA does not set a limit on the number of counselling sessions available to any one client. Facing issues of complex trauma, many clients need several sessions to establish a relationship of trust before they can begin to unpack the range of trauma-related symptoms they are experiencing. This is a significant resource management challenge for a service as small as ISA, and it is likely that the New Year will bring the establishment of a waiting list for service, and more closely-defined entry and priority criteria for service.

Client satisfaction surveys indicate that services are well targeted to the needs of our client group, with 100% of respondents indicating a reduction in their trauma related symptoms and increased feelings of wellbeing.



Networking with other agencies has provided us with valuable opportunities to work in partnership to deliver services. I would particularly like to thank Bev Jowle and her team at South Coastal Women's Health Service for their valuable support – the partnership we have established enable us to bring a valuable service to the people of Rockingham, and I believe benefits both agencies and their clients.

Training

During the year, ISA has had increasing requests for specialized training to enable those workers already in the field to increase their skills in dealing with clients with traumatic symptoms associated with their sexual abuse as children. This, combined with growing requests from universities for specialized training of student counsellors, has become an important way that ISA can foster a wider pool of qualified counsellors to support people dealing with these difficult challenges. Feedback from training participants indicated that it enabled them to strengthen their skills and increase their confidence in dealing with the issue of child sexual abuse.

Staff

ISA is a small team and could not achieve the amazing things we do without the dedication of a committed and highly professional team. Allison, Jo and Rochelle continue to provide excellent quality counselling, while developing training modules for other services and educational institutions. Lois and Catherine continued to provide the invaluable support and back-up necessary to keep the engine room of the organisation functioning, and we thank our volunteers Dawn and Danica for their contributions also.

Leone Shiels
Coordinator

Financial Reports



Treasurer's Report

Ron Mathieson - Treasurer

The excellent work of competent administration staff throughout the year again ensured that a very high standard of financial record keeping was maintained. Management of a rigorous budget process has again resulted in costs being contained to produce a surplus for the year of \$7,911.

Income for the year was significantly less than 2012 due to the fact that the 2012 income included the Lotteries Commission grant of \$500,000 which was used to partly fund the purchase of premises in Walcott Street. DCP programme funds increased by \$13,786 in 2013 to a total of \$338,160. Income from counselling fees decreased relative to 2012 by \$3,371 to a total of \$17,569. Interest received reduced substantially from \$13,918 in 2012 to \$4,405 due to the funds previously being available to earn interest being used to fund the purchase and renovation of the new premises.

Expenses were well contained, with the major expense item, wages and contract expenses, decreasing from \$230,185 in 2012 to \$227,798. Depreciation increased substantially from \$5,911 in 2012 to \$16,692, which was due to the depreciation now being provided on the new premises and fixtures. Total expenses increased from \$345,598 in 2012 to \$358,538, a very modest increase of only 3.7 percent.

The 'Statement of Income and Expenditure for Department for Child Protection Funded Services Only' reveals that all funding received for the year was expended, leaving a very small deficit of \$316.

The Association ended the year with a very healthy total cash funds available of approximately \$96k and net assets of approximately \$882k.

Ron Mathieson
Treasurer

Audit Report

Auditors Certification of Statement of Receipts and Payments For the Year Ending 30 June 2013

Incest Survivors Association Inc. Audit Report

Scope

I have audited the financial statements for the financial year ended 30th June 2013 of ***Incest Survivors Association Inc.*** Which is responsible for the preparation and presentation of the financial statements. I have conducted an independent audit of these financial statements in order to express an opinion on them to the ***Incest Survivors Association Inc.***

My audit has been conducted in accordance with Australian Auditing Standards to provide reasonable assurance whether the financial statements are free of material misstatement. My procedures included examination on a test basis, of evidence supporting the amounts and other disclosures in the financial statements, and the evaluation of accounting policies and significant accounting estimates. These procedures have been undertaken to form an opinion as to whether, in all material respects, the financial statements are presented fairly in accordance with Accounting Standards and other mandatory professional reporting requirements (Urgent Issues Group Consensus Views) so as to present a view which is consistent with our understanding of the business's financial position, the result of its operations and its cash flows.

The audit opinion expressed in this report has been formed on the above basis.

Audit Opinion

In my opinion, the financial statements present fairly in accordance with applicable Accounting Standards and other mandatory professional reporting requirements (Urgent Issues Group Consensus Views) the financial position of the ***Incest Survivors Association Inc.***, as at the 30th June 2013 and the results of its operations and cash flows for the year ended.



Tammie Pursell
Chartered Accountant

9 September 2013

Incest Survivors' Association Inc

404 Walcott Street, Coolbinia WA 6050

Balance Sheet June 2013

Assets	2013	2012
Current Assets		
Commonwealth Cheque Account	\$13,124	\$14,113
Cash on Hand	\$50	\$50
Petty Cash	\$200	\$200
Debit Card Account	\$1,014	\$1,029
On Line Saver Account - CBA	\$82,364	\$174,243
Bond - Lacey St	\$0	\$3,000
Prepaid Insurance - W/Comp	\$6,685	\$8,234
Prepaid Insurance - Other	\$0	\$145
Prepaid Insurance- Directors	\$0	\$1,206
Prepaid Insurance -Business Pack	\$1,305	\$423
Prepaid Insurance-Management Liability	\$1,055	\$0
Prepaid Insurance - Building	\$0	\$1,201
Prepaid Insurance-Professional Indemnity	\$1,674	
Prepaid Web Management	\$0	\$2,129
Total Current Assets	\$107,471	\$205,972
Non-Current Assets		
Computers at cost	\$19,064	\$17,365
Accum Depn - Computers	-\$14,806	-\$12,562
Furniture & Equipment at Cost	\$43,549	\$41,624
Accum Depn - Furniture & Equipment	-\$39,700	-\$36,772
Land & Buildings- 404 Walcott St	\$710,000	\$710,000
Accum Depn - Land & Buildings	-\$8,437	-\$650
404 Renovation	\$75,694	\$18,418
Accum Depn - Renovation	-\$1,514	\$0
404 Fixtures & Fittings	\$23,141	\$0
Accum Depn - Fixtures & Fittings	-\$2,219	\$0
Total Non-Current Assets	\$804,772	\$737,423
Total Assets	\$912,242	\$943,395
Liabilities		
Current Liabilities		
DCP Grant in Advance	\$0	\$0
GST Collected on Sales	\$24	\$50,127
GST Paid on Purchases	-\$2,207	-\$3,495
Accrued Electricity	\$0	\$200
Accrued Telephone	\$0	\$350
Superannuation Payable	\$1,598	\$1,488
Super - employee extra	\$300	\$240
Provision for Group Tax	\$5,212	\$3,576
Provision for Annual Leave	\$14,998	\$8,798
Total Current Liabilities	\$19,925	\$61,284
Non-Current Liabilities		
Provision for Long Service Lve	\$9,980	\$7,683
Total Non-Current Liabilities	\$9,980	\$7,683
Total Liabilities	\$29,905	\$68,967
Net Assets	\$882,338	\$874,428
Accumulated Funds		
Balance at 1st July	\$874,427	\$355,324
Current Year Surplus/Deficit	\$7,911	\$519,103
Total Accumulated Funds	\$882,338	\$874,427

INCEST SURVIVORS ASSOCIATION (INC)
STATEMENT OF INCOME AND EXPENDITURE
for the period ended 30th June 2013

	Note	2013	2012
Income			
Counselling Fees		\$17,569	\$20,940
DCP Programme Funds	7	\$338,160	\$324,374
Lotteries Commission Grant		0	\$501,236
Donations		\$320	\$3,257
Therapy Group Fees		\$109	\$0
Interest Receivable		\$4,405	\$13,918
Members' Subscriptions		\$1,291	\$955
BG Journal Income		\$27	\$0
Educational Presentations & Reports		\$745	\$0
Other Income	9	\$3,823	\$20
Total Income		\$366,449	\$864,700
Expenses			
Advertising		\$2,744	\$2,001
Audit Fees		\$4,480	\$4,230
Bank Charges		\$365	\$397
Board Expenses		\$3,187	\$2,654
Computer Expenses		\$9,279	\$5,004
Depreciation		\$16,692	\$5,911
Electricity & Gas		\$0	\$2,067
Insurances		\$17,056	\$15,426
Internet		\$954	\$935
Library		\$95	\$95
Memberships/Subscriptions		\$247	\$217
Office Amenities & Gen Expenses		\$3,481	\$6,468
Police Clearance/WWC Check		\$241	\$0
Postage		\$587	\$327
Printing & Stationary		\$3,737	\$3,134
Provision for Annual Leave	5	\$6,200	\$1,967
Provision for Long Service Leave	5	\$2,296	-\$590
Relocation Expenses		\$2,857	\$0
Rent & Outgoings		\$8,516	\$26,745
Repairs & Maintenance		\$5,555	\$364
Rockingham		\$5,827	\$0
Security		\$886	\$365
Staff Amenities		\$513	\$0
Superannuation		\$20,446	\$20,663
Supervision		\$5,142	\$4,789
Telephone		\$4,160	\$3,178
Therapy Group Expenses		\$189	\$0
Travel/Parking		\$803	\$72
Training & Development		\$1,978	\$5,256
Utilities		\$2,227	\$0
Wages & Contract Expense		\$227,798	\$230,185
Settlement/Admin Fees		\$0	\$3,738
Total Expenses		\$358,538	\$345,598
Net Surplus / (Deficit)		\$7,911	\$519,102

INCEST SURVIVORS ASSOCIATION (INC)
STATEMENT OF INCOME AND EXPENDITURE
For Department for Child Protection Funded Services Only
for the period ended 30th June 2013

	2013	2012
Income		
DCD Programme Funds	\$338,160	\$324,374
Counselling Fees	\$17,569	\$20,940
Total Income	\$355,729	\$345,314
Expenses		
Advertising	\$2,744	\$2,001
Audit Fees	\$4,480	\$4,230
Bank Charges	\$365	\$397
Board Expenses	\$3,187	\$2,654
Computer Expenses	\$9,279	\$5,004
Electricity & Gas	\$0	\$2,067
Insurances	\$17,056	\$15,426
Internet	\$954	\$935
Library	\$95	\$95
Memberships/Subscriptions	\$247	\$217
Office Amenities	\$3,481	\$6,468
Police Clearance/WWC Check	\$241	\$0
Postage	\$587	\$327
Printing & Stationary	\$3,737	\$3,134
Provision for Annual Leave	\$6,200	\$1,967
Provision Long Service Leave	\$2,296	-\$590
Rent & Outgoings	\$8,516	\$26,745
Repairs & Maintenance	\$5,555	\$364
Rockingham	\$5,827	\$0
Security	\$886	\$365
Superannuation	\$20,446	\$20,663
Supervision	\$5,142	\$4,789
Telephone	\$4,160	\$3,178
Therapy Group Expenses	\$189	\$0
Travel/Parking	\$803	\$72
Training & Business Planning	\$1,978	\$5,256
Utilities	\$2,227	\$0
Wages & Contract Expense	\$227,798	\$230,185
Settlement/Admin Fees	\$0	\$3,738
Total Expenses	\$338,476	\$339,687
Net Surplus / (Deficit)	\$17,253	\$5,627

INCEST SURVIVORS' ASSOCIATION (INC)

Notes to and forming part of the Accounts For the period ended 30th June 2013

Note 1: Basis of Accounting

The statements have been prepared on an accrual basis. They are based on historical cost and do not take into account changing money values nor, except where stated, current valuations of non-current assets.

Note 2: Office Furniture and Equipment

The Association expends all furniture, fittings and equipment with a cost price less than \$1,000 in the year of purchase. All other purchases of furniture and equipment are depreciated using the diminishing value method. All items with a closing written down value of less than \$100 will be fully depreciated in that year. The Association is a not-for-profit entity and is, therefore, not required to revalue items of property, plant and equipment.

Note 3: Computer Equipment

Computer equipment purchased before 1st July 2012 is being depreciated using the diminishing value method at the rate of 40%. Computer equipment purchased after the 1st July 2012 will be depreciated on a straight line basis over a period of four years.

Note 4: Fixtures and Fittings

Fixtures and Fittings will be depreciated on a straight line basis over a period of ten years.

Note 5: Leave Entitlement

A liability for *Annual Leave* is recognised and is measured as the amount unpaid at the balance date at current rates of pay in respect to employees' services to that date.

No material liability exists for *Sick Leave*

A liability for *long service leave* is recognised and the Association has based the provision on remuneration rates current as at balance date. The board believes that this method provides an estimate of liability that is not materially different from that which would be obtained by using the present value basis of measurement.

Note 6: Income Tax.

The Association is exempt from Income Tax under section 23(e) of the Income Tax Assessment Act (1936)

Note 7: Department for Child Protection Grant

Currently, the Incest Survivors' Association is funded by the Department for Child Protection, to provide a Centre - based service in the Perth Metropolitan area to individuals and families who have experienced intrafamilial child sexual abuse.

Note 8: Remuneration of Board Members.

Members of the Board are prohibited from receiving remuneration for any services rendered to the Association.

Note 9: Other income.

An insurance claim was made for a theft during the year. Receipt of this claim was included in 'Other Income' and expenses related to the claim allocated to the relevant expense accounts.



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