

Incest Survivor's Association (Inc.)



ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2012





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Our Purpose

ISA is an independent, stand alone, specialist organisation. We provide therapeutic services to people who have experienced intra-familial and/or extra-familial childhood sexual abuse. ISA advocates for increased understanding of the impact of child sexual abuse on individuals, families and the whole community.

Our Values

ISA:

- adheres to professional and ethical standards in all of its practices;
- recognises the intrinsic worth and uniqueness of each client and individualises services to respond to their needs;
- understands and respects the importance of safety and emotional security to those who use its services;
- is non-judgmental and discreet; and
- fosters self-determination.



Board of Management

| Chairperson: | Anne Pekaar |
|---------------------|---|
| Deputy Chairperson: | Angela Loxton |
| Secretary | Ali White |
| Treasurer: | Ron Mathieson |
| Board Members: | Estelle Gom Cathy Gregory Clare Robbins (resigned April 2012) |

Staff

| Coordinator: | Leone Shiels |
|------------------|---|
| Office Manager: | Lois Lloyd |
| Finance Officer: | Catherine Cirocco |
| Counsellors: | Alison Day Jo Moore Anne Charlotte Patrilla (left March 2012) Philip Hendry (commenced May 2012) |

Donations, Sponsorship and Grants



The Incest Survivors' Association would like to acknowledge the generous support of Lotterywest through a grant to assist us to purchase our new premises at 404 Walcott St, Coolbinia.

We would also like to acknowledge the generous support of organizations whose donations have assisted us to renovate our property.







Chairperson's Report

Anne Pekaar, Chairperson

It has been an amazing and challenging year and we have achieved many great things since the last AGM which I will bring to light after I do the most important thing of sincerely thanking the staff for their faith and endurance through these changing times. Thank you all so much for your dedication to ISA.

This year we have managed to refine our policies and procedures further to give us a more professional grounding, there has been healthy discussion and implementation around our therapeutic modelling which has given us a sound, solid foundation with regards to our work practices.

One of the very important issues we face is to obtain the support of our members to be able to change parts of our constitution to allow ISA to better achieve its outcomes. The current restrictions do hinder our progress and in order to move forward we need to make changes that the current constitution does not allow.

This year we also celebrated the fact that Lois, our rock and very devoted staff member, has been with us for 25 years. We lunched to celebrate, and presented her with a lovely watch and relaxing therapeutic weekend away. What a grand contribution to ISA - I think we forgot the medal.



Pictured (L-R) : Angela Loxton (Deputy Chairperson), Anne Pekaar (Chairperson), Hon Robyn McSweeney MLC, Minister for Child Protection, and Clare Robbins (Board Member)

On October 5 2011 we had the honour of having Ms Robyn McSweeney, the Minister for Child Protection, come to launch the Strategic Plan for ISA. We thank her for taking time out of her busy schedule to support ISA in its endeavours..... It is obviously a subject close to her heart.

Many, many thanks to both Cara Breuder and Clare Robbins for their contribution to the board, but for various reasons had to leave us. Thank you both for your time and effort.

I believe one of the most exciting events of this year is the successful procurement of our own premises. There were many hurdles but in the end we did it. Many thanks again to the staff, the Board, Lottery West, Gerard from Matera Waste, Reyn from Galvin Plumbing Supplies, Murdoch Women's Collective, Stephen from Henlyn Construction, and so many others.... I must also give my thanks to Steven Prior and his family for their patience with the many delays in settlement and for bearing with us through the process.

In the very near future, when the refurbishment of the new property is completed, we will be having the opening of the new premises and hope that you can attend this very exciting event. We have been in contact with the family of the founder of ISA and can gladly report that Nancy Rehfeldt and her family will be there to honour us in the opening. Nancy's dedication in the founding years and her contribution for very many years thereafter was the grounding for what ISA is today, a very special lady indeed.

I cannot finish without praising Leone, AGAIN, for what she has brought to ISA, we would not be where we are now without what Leone brought to the association. Her knowledge, professionalism, contacts, personal and people skills are why we are here now enjoying the great place we have come to. Her ability to bring together the staff and be able to acknowledge their special attributes and utilise them effectively has made it all work so well and is commendable. Leone has been the catalyst of so much of what we have achieved since her arrival. I am so very grateful.

I am really looking forward to the coming year as so much has happened and been put in place that we can only be bigger and better at what we do. It really is so exciting to anticipate where we will be this time next year.

Anne Pekaar

Chairperson

Services Report

Leone Shiels, Coordinator

This year has again been one of significant change for ISA, as the agency moves from strength to strength.

October was an important month for ISA, with the culmination of months of hard work resulting in the launch of our strategic plan. The strategic planning process assisted the agency to identify key priorities for service development, and many of these have been addressed during the first half of 2012.

One key priority was the need to articulate and publicise the clinical model we work from. This would enable potential referrers and clients to have a better understanding of the ways we can assist them. This model is now in its final stages of review and should be posted on the website shortly.

Benchmarking against Department of Child Protection Child Sexual Abuse Treatment Services (CSATS) Standards was also identified as an essential part of our quality assurance program, and this has now been completed. In addition, the agency has instituted the routine collection of feedback from all service participants, whether or not they have completed their course of counselling. This should facilitate the ongoing quality management plan.



Our new premises prior to renovation

Much of our time this year has been spent locating a suitable facility for our new premises. This was identified as a major issue during planning, as the existing facility was cramped, had maintenance issues and did not offer security of tenure. Thanks to the generosity of Lotterywest, we have been able to purchase a facility which will address most of these issues. Additional counselling room, including a dedicated child-friendly space for working with young clients, will provide a more streamlined service. Counselling space will now be housed further away from the busy hub of the administration centre, meaning a quiet and more tranquil environment. We hope to move into the new facility in October 2012.

Service Promotion

Service promotion during the year has largely focused on the Rockingham region, with targeted promotion to agencies directly and via local newspapers.

During the coming year, service promotion will be focused around the establishment of the new facility, and promotion within the transport corridors leading to the centre. This will mean a particular concentration on the northern corridor through the Mirrabooka transport hub, and areas both west and east of this region.

Counselling Services

This year ISA provided services to 182 clients: 135 clients on an ongoing basis and 47 clients for one-off services. During the period 56 new clients presented: 45 first-time presentations and 11 clients represented after a break from counselling. The average number of sessions for each client was 6.6, with actual number of sessions ranging from 1 to 38.

Rockingham office, commencing in September 2011, was responsible for 22% of new referrals for the year, and this proportion continues to grow.

Our major source of referrals continues to be word of mouth, as friends, family and co-workers who have had contact with ISA recommend us to others. We are also receiving an increasing number of referrals from community agencies, with the majority of these clients being fee-free or reduced.

Our strong presence on the internet also continues to be both a primary and secondary source of referrals, with clients contacting us directly through our website, or service agencies referring clients after reading our information.

| | 1.11 | Clients y11 - June 20 | 12 | | | |
|---------------------------------|------------|--------------------------|-----------|----------|--------|-------|
| Referrer | No fee | Concession | Part-time | Full fee | Family | Total |
| Government and Communit | y Agencies | | | <u></u> | | |
| Department for Child Protection | 5 | | | | | 5 |
| Other Government Agency | 1 | 5 | 3 | 1 | 2 | 12 |
| Community Agency | 10 | 5 | 2 | 3 | 1 | 21 |
| Total | | | | | | 38 |
| Health Professionals | | | | | | |
| Doctor | 2 | 2 | 3 | 2 | | 9 |
| Psychiatrist/Psychologist | | | 1 | 1 | | 2 |
| Other Health Professional | | 2 | | | | 2 |
| Total | R | | 1 | | | 13 |
| | | | | | | |
| Service Promotion | | | | | | |
| Internet | 2 | 5 | 6 | | 2 | 15 |
| Newspaper Advertisement | 2 | 2 | | | | 4 |
| Phonebook | 1 | 3 | 2 | | | 6 |
| Total | | | | | | 25 |
| | | | | | | |
| Previous knowledge of Serv | ice | | | | | |
| Previous ISA Contact | | 5 | 3 | 3 | | 11 |
| Friend/Family/Co Worker | 11 | 11 | 2 | 11 | | 35 |
| Self | | 6 | 3 | 2 | | 11 |
| Total | | | | 56 | | |
| | | | | | | |
| Other/Unknown | | 1 | | 1 | | 2 |
| | | | | | | |
| TOTAL | 34 | 47 | 25 | 24 | 5 | 135 |

Staff

The enormous amount of work that has been undertaken this year would not have been possible without our dedicated staff. They always remain positive despite the challenges, and every set back becomes an opportunity to create something better.

The wonderful success of our new service in Rockingham and the excellent partnership we have established in Rockingham with the South Coatal Women's Health Service could not have been achieved without the extraordinary efforts of Jo Moore, who single-handedly developed and promoted the service and networked with stakeholders, all while maintaining a full client load.

Equally impressive were Alison Day's efforts in articulating our clinical model, developing service and therapy policies and procedures to underpin it, and developing training tools for use in a range of settings. These have already been used in presentations and have proved popular.



Lois celebrated her silver anniversary with ISA

Lois Lloyd, celebrating twenty five years of service with ISA this year, has shown that time has not dimmed her energy. She has taken on a leadership role in the project management of the renovations for the new facility, a role that has taken her far outside her comfort zone. Lois's can-do attitude and flexibility to deal with priorities has ensured a relatively smooth transition during the inevitable bumps in the road with any project of this nature.

Catherine Cirocco, our Finance Officer, has somehow managed to fit at least three days work into one day each week, and has kept a close eye on cashflow and expenditure to ensure that our organisation remains viable at all times, and with a comfortable margin for safety.

Without this remarkable bunch of people, ISA would not be the amazing agency that it is, and I thank them for their incredibly hard work during this challenging period in our history.

Leone Shiels Coordinator

Financial Reports



Treasurer's Report *Ron Mathieson - Treasurer*

Ron Mathieson Treasurer

Audit Report

Incest Survivors Association Inc. Audit Report

Scope

I have audited the financial statements for the financial year ended 30th June 2012 of INCEST SURVIVORS ASSOCIATION INC, which is responsible for the preparation and presentation of the financial statements. I have conducted an independent audit of these financial statements in order to express an opinion on them to the INCEST SURVIVORS ASSOCIATION INC.

My audit has been conducted in accordance with Australian Auditing Standards to provide reasonable assurance whether the financial statements are free of material misstatement. My procedures included examination on a test basis, of evidence supporting the amounts and other disclosures in the financial statements, and the evaluation of accounting policies and significant accounting estimates. These procedures have been undertaken to form an opinion as to whether, in all material respects, the financial statements are presented fairly in accordance with Accounting Standards and other mandatory professional reporting requirements (Urgent Issues Group Consensus Views) so as to present a view which is consistent with our understanding of the business's financial position, the result of its operations and its cash flows.

The audit opinion expressed in this report has been formed on the above basis.

Audit Opinion

In my opinion, the financial statements present fairly in accordance with applicable Accounting Standards and other mandatory professional reporting requirements (Urgent Issues Group Consensus Views) the financial position of the Incest Survivors Association Inc., as at the 30th June 2012 and the results of its operations and cash flows for the year then ended.

Nean Willias

Kevin Williams Chartered Accountant

Balcatta

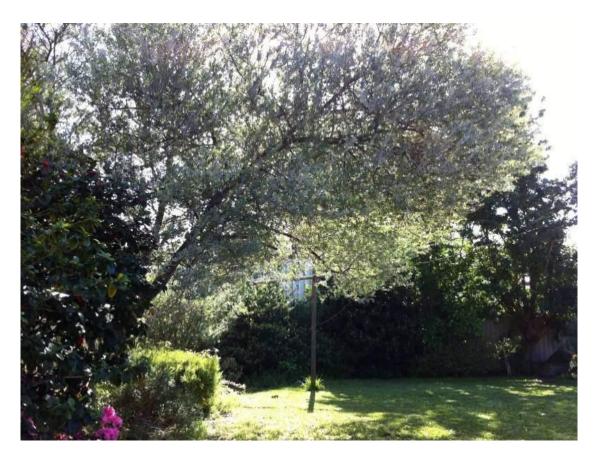
B October 2012

Incest Survivors' Association Inc. Balance Sheet

June 2012

| Assets | 2012 | 2011 |
|----------------------------------|----------------------|--------------------|
| Current Assets | | |
| Commonwealth Cheque Account | \$14,113 | \$19,508 |
| New Macquarie Equities Acct | \$0 | \$334,495 |
| Cash on Hand | \$50 | \$50 |
| Petty Cash | \$200 | \$200 |
| Debit Card Account | \$1,029 | \$0 |
| On Line Saver Account - CBA | \$174,243 | \$0 |
| Bond - Lacey St | \$3,000 | \$0 |
| Prepaid Insurance - W/Comp | \$8,234 | \$0 |
| Prepaid Insurance - Other | \$145 | \$0 |
| Prepaid Insurance- Directors | \$1,206 | \$0 \$0 |
| Prepaid Insurance -Business Pack | \$423 | \$0 \$0 |
| Prepaid Insurance - Building | \$1,201 | \$0 \$0 |
| Prepaid Rent | \$0 | \$1,604 |
| Prepaid Web Management | \$2,129 | \$4,257 |
| Total Current Assets | \$205,972 | \$360,114 |
| | | |
| Non-Current Assets | | |
| Computers - at cost | \$17,365 | \$17,365 |
| Accum Depn - Computers | -\$12,562 | -\$9,361 |
| Furniture & Equipment at Cost | \$41,624 | \$40,794 |
| Furniture & Equipment AccumDep | -\$36,772 | -\$34,713 |
| Land & Buildings- Walcott St | \$710,000 | \$0 |
| Land & Buildings - Accum Deprn | -\$650 | \$0 \$0 |
| Walcott St Refurbishment | \$18,418 | \$0 \$0 |
| Total Non-Current Assets | \$737,423 | \$14,085 |
| Total Assets | \$943,395 | \$374,199 |
| | <i>\\\\\\\\\\\\\</i> | |
| Liabilities | | |
| Current Liabilities | | |
| GST Collected on Sales | \$50,127 | \$8 |
| GST Paid on Purchases | -\$3,495 | -\$1,682 |
| Accrued Electricity | \$200 | \$200 |
| Accrued Telephone | \$350 | \$200 |
| Superannuation Payable | \$350 \$1,488 | |
| Super - employee extra | | \$0 \$0 |
| Provision for Group Tax | \$240 \$3,576 | \$0 \$4 805 |
| Provision for Annual Leave | | \$4,895 \$6,830 |
| Total Current Liabilities | \$8,798 | \$6,830 |
| | \$61,284 | \$10,601 |

| Non-Current Liabilities | | |
|--------------------------------|-----------|-----------|
| Provision for Long Service Lve | \$7,683 | \$8,274 |
| Total Non-Current Liabilities | \$7,683 | \$8,274 |
| Total Liabilities | \$68,967 | \$18,875 |
| Net Assets | \$874,428 | \$355,324 |
| Accumulated Funds | | |
| Balance at 1st July | \$355,324 | \$304,487 |
| Current Year Surplus/Deficit | \$519,103 | \$50,837 |
| Total Accumulated Funds | \$874,427 | \$355,324 |



The garden at the new premises will provide a tranquil setting.



INCEST SURVIVORS ASSOCIATION (INC)

STATEMENT OF INCOME AND EXPENDITURE

for the period ended 30th June 2012

| | Note | 2012 | 2011 |
|----------------------------------|------|--------------|------------|
| Income Counselling Fees | | * *** | *** |
| DCD Programme Funds | 5 | \$20,940 | \$32,843 |
| Lotteries Commission Grant | Ū | \$324,374 | \$271,216 |
| Donations | | \$501,236 | \$17,537 |
| Interest Receivable | | \$3,257 | \$395 |
| Members' Subscriptions | | \$13,918 | \$13,606 |
| Other Income | | \$955 | \$1,270 |
| | | \$20 | \$585 |
| Total Income | | \$864,700 | \$337,452 |
| Expenses | | | |
| Advertising | | \$2,001 | \$3,789 |
| Audit Fees | | \$4,230 | \$2,910 |
| Bank Charges | | \$397 | \$88 |
| Board Expenses | | \$2,654 | \$0 |
| Bookkeeping | | \$0 | \$4,417 |
| Computer Expenses | | \$5,004 | \$6,605 |
| Depreciation | | \$5,911 | \$3,696 |
| Electricity & Gas | | \$2,067 | \$2,370 |
| Insurances | | \$15,426 | \$10,896 |
| Internet | | \$935 | \$897 |
| Library | | \$95 | \$797 |
| Memberships/Subscriptions | | \$217 | \$179 |
| Office Amenities & Gen Expenses | | \$6,468 | \$6,742 |
| Postage | | \$327 | \$323 |
| Printing & Stationary | | \$3,134 | \$2,162 |
| Provision for Annual Leave | 3 | \$1,967 | - \$3,111 |
| Provision for Long Service Leave | | -\$590 | \$3,265 |
| Rent & Outgoings | | \$26,745 | \$18,816 |
| Repairs & Maintenance | | \$364 | \$90 |
| Security | | \$365 | \$561 |
| Superannuation | | \$20,663 | \$16,986 |
| Supervision | | \$4,789 | \$6,452 |
| Telephone | | \$3,178 | \$3,846 |
| Travel/Parking | | \$72 | \$83 |
| Training & Development | | \$5,256 | \$3,439 |
| Wages & Contract Expense | | \$230,185 | \$190,317 |
| Settlement/Admin Fees | | \$3,738 | \$0 |
| Total Expenses | | \$345,598 | \$286,615 |
| Net Surplus / (Deficit) | | \$519,102 | \$50,837 |

INCEST SURVIVORS ASSOCIATION (INC) STATEMENT OF INCOME AND EXPENDITURE

For Department for Child Protection Funded Services Only for the period ended 30th June 2012

| Income Counselling Fees DCD Programme Funds Total Income Expenses | \$20,940 <u>\$324,374</u> \$345,314 | \$32,843 \$271,216 \$304,059 |
|---|--|---|
| DCD Programme Funds Total Income | \$324,374 \$345,314 | \$271,216 |
| Total Income | \$345,314 | |
| | | \$304,059 |
| Fxpenses | | |
| Expenses | | |
| Advertising | \$2,001 | \$3,789 |
| Audit Fees | \$4,230 | \$2,910 |
| Bank Charges | \$397 | \$88 |
| Board Expenses | \$2,654 | \$ 50 |
| Bookkeeping | \$0 | \$4,417 |
| Computer Expenses | \$5,004 | \$6,605 |
| Electricity & Gas | \$2,067 | \$2,370 |
| Insurances | \$15,426 | \$10,896 |
| Internet | \$935 | \$898 |
| Library | \$95 | \$797 |
| Memberships/Subscriptions | \$217 | \$179 |
| Office Amenities | \$6,468 | \$6,743 |
| Postage | \$327 | \$323 |
| Printing & Stationary | \$3,134 | \$2,161 |
| Provision for Annual Leave | \$1,967 | -\$3,111 |
| Provision Long Service Leave | -\$590 | \$3,265 |
| Rent & Outgoings | \$26,745 | \$18,816 |
| Repairs & Maintenance | \$364 | \$90 |
| Security | \$365 | \$561 |
| Superannuation | \$20,663 | \$16,986 |
| Supervision | \$4,789 | \$6,452 |
| Telephone | \$3,178 | \$3,846 |
| Travel/Parking | \$72 | \$83 |
| Training & Business Planning | \$5,256 | \$3,439 |
| Wages & Contract Expense | \$230,185 | \$190,317 |
| Settlement/Admin Fees | \$3,738 | |
| Total Expenses | \$339,687 | \$282,919 |
| Net Surplus / (Deficit) | \$5,627 | \$21,140 |

INCEST SURVIVORS'ASSOCIATION (INC)

Notes to and forming part of the Accounts For the period ended 30th June 2012

Note 1: Basis of Accounting

The statements have been prepared on an accrual basis. They are based on historical cost and do not take into account changing money values nor, except where stated, current valuations of non-current assets.

Note 2: Office Furniture and Equipment

The Association expends all furniture and equipment with a cost price less than \$1,000 in the year of purchase. All other purchases of furniture and equipment are depreciated on a straight line basis over a period of five years. The Association is a not for profit entity and is, therefore, not required to revalue items of property, plant and equipment.

Note3: Leave Entitlement

A liability for *Annual Leave* is recognised and is measured as the amount unpaid at the balance date at current rates of pay in respect to employees' services to that date.

No material liability exists for *Sick Leave*

A liability for *long service leave* is recognised and the Association has based the provision on remuneration rates current as at balance date for employees with service of seven or more years. The board believes that this method provides an estimate of liability that is not materially different from that which would be obtained by using the present value basis of measurement.

Note 4: Income Tax.

The Association is exempt from Income Tax under section 23(e) of the Income Tax Assessment Act (1936)

Note 5: Department for Child Protection Grant

Currently, the Incest Survivors' Association is funded by the Department for Child Protection, to provide a Centre - based service in the Perth Metropolitan area to individuals and families who have experienced intra-familial child sexual abuse.

Note 6: Remuneration of Board Members.

Members of the Board are prohibited from receiving remuneration for any services rendered to the Association.

Note 7. Lotteries Grant

A grant of \$500,000 was made to the Association by the Lotteries Commission of Western Australia to assist in the purchase of business premises for the Association, situated at 404 Walcott St Coolbinia.

A condition of the advance included the right of the Lotteries Commission to hold an equitable mortgage and/or lodge a caveat over the property to secure the Lotteries Commission's rights under certain conditions of the grant for a period of 15 years from the advance.

These conditions are effectively administrative in nature and are unlikely to occasion an opportunity for default by the Association.



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